

Issued by the Met Office at 0600 UTC on Friday 01 February 2008

Ser. No. 74

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

An intense low will track southeastwards across the North Sea during Friday, bringing gales, severe gales or storms to all areas. A transient ridge will follow east across the United Kingdom through Saturday, before an Atlantic frontal system follows by Saturday night.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Northwesterly gale 8 to storm 10, occasionally violent storm 11 at first in north, decreasing 5 to 7 later.

Squally wintry showers.

Moderate or good, becoming very poor at times.

Very rough or high, occasionally very high at first in north.

Outlook for the following 24 hours:

Northwest backing south 5 to 7, decreasing 4 for a time, occasionally gale 8 later.

Squally wintry showers then rain.

Moderate or good, occasionally poor.

Very rough, occasionally high at first, becoming rough in the Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

West 7 to severe gale 9, increasing storm 10 at times, veering northwest, decreasing 5 to 7 later.

Squally wintry showers.

Moderate or good, occasionally very poor.

Rough or very rough, but high for a time in north.

Outlook for the following 24 hours:

Northwest backing south 5 to 7, decreasing 4 for a time, occasionally gale 8 later.

Squally wintry showers at first, rain later.

Moderate or good, occasionally poor at first.

Rough, occasionally very rough at first and moderate for a time.

Berwick on Tweed to Whitby

24 hour forecast:

West veering northwest gale 8 to storm 10, decreasing 5 to 7 later.

Squally wintry showers.

Moderate or good, occasionally very poor.

Rough or very rough.

Outlook for the following 24 hours:

Northwest backing south 5 to 7, decreasing 4 for a time, occasionally gale 8 later.

Squally wintry showers at first, rain later.

Moderate or good, occasionally poor at first.

Rough, occasionally very rough at first and moderate for a time.

Whitby to Gibraltar Point

24 hour forecast:

West veering northwest gale 8 to storm 10, decreasing 5 to 7 later.

Squally wintry showers.

Moderate or good, occasionally very poor.

Rough or very rough.

Outlook for the following 24 hours:

Northwest backing south 5 to 7, decreasing 4 for a time, occasionally gale 8 later.

Squally wintry showers at first, occasional rain later.

Moderate or good, occasionally poor at first.

Rough, occasionally very rough at first and moderate for a time.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly veering northwesterly 7 to severe gale 9, decreasing 5 or 6 later.

Showers, squally and wintry later.

Moderate or good, occasionally very poor later.

Moderate or rough, occasionally very rough for a time in north.

Outlook for the following 24 hours:

Northwesterly 5 or 6 backing southerly 6 to gale 8, but decreasing 4 for a time.

Squally wintry showers at first, occasional rain later.

Moderate or good, occasionally poor at first.

Moderate or rough.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly veering northwesterly 5 to 7.

Showers, perhaps squally at times.

Moderate or good.

Rough becoming moderate.

Outlook for the following 24 hours:

Northwesterly 5 to 7 backing southerly 6 to gale 8, but decreasing 3 or 4 for a time.

Showers at first, occasional rain later.

Moderate or good.

Moderate becoming rough or very rough.

Selsey Bill to Lyme Regis

24 hour forecast:

West veering northwest 5 or 6.

Showers, perhaps squally at times.

Moderate or good.

Rough becoming moderate.

Outlook for the following 24 hours:

Northwest 5 or 6 backing south 6 to gale 8, decreasing 3 or 4 for a time.

Showers at first, occasional rain later.

Moderate or good.

Moderate becoming rough or very rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Northwest 5 or 6, occasionally 7 at first, decreasing 3 or 4.

Squally showers, but fair later.

Moderate or good.

Rough, occasionally very rough at first in west, becoming moderate in east.

Outlook for the following 24 hours:

Northwesterly 3 or 4 backing southerly 6 to gale 8, occasionally severe gale 9 later in west.

Occasional rain.

Moderate or good, occasionally poor later.  
Rough, occasionally moderate at first in east, becoming very rough in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Northwesterly 5 or 6, occasionally 7 in west, decreasing 3 or 4.

Squally showers, perhaps wintry at times, becoming fair later.

Moderate or good, occasionally poor.

Moderate or rough.

Outlook for the following 24 hours:

Northwesterly 3 or 4 backing southerly 6 to gale 8, occasionally severe gale 9 later in west.

Occasional rain.

Moderate or good, occasionally poor later.

Moderate or rough, becoming very rough later.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Northwest 6 to gale 8, backing west 3 or 4 later.

Squally showers, perhaps wintry at times.

Moderate or good, occasionally poor.

Rough, occasionally very rough at first and moderate later.

Outlook for the following 24 hours:

West 3 or 4 backing south 7 to severe gale 9.

Showers then occasional rain.

Moderate or good, occasionally poor later.

Rough, occasionally moderate at first and very rough later.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Northwest 7 to severe gale 9, backing west 4 later.

Squally wintry showers.

Moderate or good, occasionally very poor.

Rough, occasionally very rough at first and moderate later.

Outlook for the following 24 hours:

West 4 backing south 7 to severe gale 9.

Squally wintry showers at first, then occasional rain.

Moderate or good, occasionally poor.

Rough, occasionally moderate at first and very rough later.

Isle of Man

24 hour forecast:

Northwest 7 or gale 8 decreasing 4 or 5, backing west later.

Wintry showers.

Good, becoming moderate or poor in showers.

Rough or very rough, becoming moderate later.

Outlook for the following 24 hours:

West 4 or 5 backing southwest 5 or 6, backing south 7 or gale 8, perhaps severe gale 9, later.

Wintry showers, with rain later.

Good, becoming moderate or poor at times.

Moderate, becoming rough or very rough later.

Lough Foyle to Carlingford Lough

24 hour forecast:

Northwest gale 8 to storm 10 decreasing 5 or 6, backing southwest later.

Squally wintry showers.

Moderate or good, occasionally very poor.

In north, high becoming very rough, in south, moderate or rough.

Outlook for the following 24 hours:

Southwest 5 or 6 backing south 6 to gale 8, veering southwest 4 later.

Squally wintry showers at first then rain.

Moderate or good, occasionally poor.

Rough or very rough, occasionally moderate at first in south.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Northwesterly gale 8 to storm 10 decreasing 5 or 6, backing southwesterly later.

Squally wintry showers.

Moderate, occasionally very poor.

Rough or very rough, occasionally high at first through North Channel and moderate later.

Outlook for the following 24 hours:

Southwesterly 5 or 6 backing southerly 6 to gale 8, veering southwesterly 4 later.

Squally wintry showers at first then rain.

Moderate or good, occasionally poor.

Moderate or rough, occasionally very rough in North Channel.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Northwest gale 8 to storm 10 decreasing 5 or 6, backing southwest later.

Squally wintry showers.

Moderate, occasionally very poor.

High or very high becoming very rough.

Outlook for the following 24 hours:

Southwest 5 or 6 backing south 6 to gale 8, veering southwest 4 or 5 later.

Squally wintry showers at first then rain.

Moderate or poor, perhaps good for a time.

Very rough, occasionally high later.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Northwesterly gale 8 or storm 10, occasionally violent storm 11 in north, backing southwest 4 or 5 later.

Squally wintry showers.

Moderate or poor, occasionally very poor.

High or very high becoming rough or very rough.

Outlook for the following 24 hours:

Southwest 5 or 6 backing south 6 to gale 8, decreasing 4 or 5 later.

Squally wintry showers at first then rain.

Moderate or poor.

Rough or very rough.

Shetland Isles

24 hour forecast:

North gale 8 to storm 10, backing northwest 5 to 7 later.

Squally wintry showers.

Moderate or poor, occasionally very poor.

Very rough or high, becoming very high for a time.

Outlook for the following 24 hours:

Northwest backing south 5 to 7 perhaps gale 8 at times.

Squally wintry showers, with rain later.  
Moderate or good, occasionally very poor.  
Very rough or high.

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