

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Wednesday 05 Jul 2023 until 23:59 on Thursday 06 Jul 2023

Forecast Issued on Tuesday 04 Jul 2023 at 15:54 by Met Office Aberdeen

Confidence: Generally high confidence for much of the forecast but low for timing of rain later Thursday and early Friday, and strength of winds Friday and Saturday.

Headline for Wednesday 05 Jul 2023: Light winds and scattered showers.

Mountain weather hazards on Wednesday 05 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain	Light rain	Light rain	Light rain showers	Heavy rain showers	Heavy rain showers	Light rain showers	Partly cloudy (night)
Precipitation probability							
40%	40%	30%	30%	30%	30%	20%	10%

Forecast for Wednesday 05 Jul 2023

Weather: Low cloud and patchy rain across eastern hills during the early hours, particularly across the Fannichs and Glen Affric, dry with clear spells elsewhere. Scattered showers breaking out by mid-morning for many places, but western coastal hills largely dry with good sunny spells. Showers dying out through the evening with some clear spells overnight.

Chance of cloud-free hill tops above 800m: 30% early to mid-morning, then rising to 80%

Low cloud and visibility: Generally good visibility outside of any low cloud. Cloud bases 500-600m around dawn, most extensive in the east, patchy towards the west coast. Cloud bases rising through the morning, to be mainly above the summits by midday.

Forecast for Wednesday 05 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/4 N	3/5 N	5/7 S	7/10 SW	11/16 SW	14/20 SW	17/23 SW	17/22 S	17/22 S
900	3/4 N	3/5 N	5/7 S	7/10 SW	11/16 SW	13/19 SW	17/23 SW	16/21 S	16/22 S
600	3/4 N	2/4 NW	4/5 S	6/9 SW	10/15 SW	10/16 SW	14/20 SW	11/17 S	12/17 S
300	2/5 N	2/5 E	2/5 SE	3/8 SW	7/14 SW	6/17 SW	6/18 SW	3/14 S	4/15 S
Glen	4/6 N	5/6 N	2/4 SE	3/6 S	6/11 W	8/16 SW	10/18 SW	7/16 S	8/18 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/3	4/2	4/2	5/3	7/3	7/4	6/2	5/1	5/0
900	5/3	4/3	4/3	6/4	8/4	8/5	7/3	6/2	6/1
600	7/6	6/6	7/6	9/7	10/8	11/8	9/6	8/5	8/5
300	9/9	8/8	9/9	12/11	13/12	14/13	12/11	10/10	10/9
Glen	12/11	11/10	12/12	14/13	15/14	16/15	15/13	13/12	12/11
Freezing Level*	1600m	1500m	1500m	1500m	1700m	1700m	1700m	1700m	1700m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Driest, sunniest conditions on the west coast. Moderate to high UV levels so sun protection is recommended.

Forecast for Thursday 06 Jul 2023

Weather: Mainly dry through the early hours with some clear spells, a few showers along the west coast. Cloud will thicken through the morning and early afternoon, giving a few showers. Cloud lowers in the evening with strengthening winds and rain spreading in from the south.

Maximum wind: South 10-15 mph, gusting 20 mph. Becoming Southeast 20 gusting 30 mph late afternoon, perhaps 40 mph across higher summits late evening.

Chance of cloud-free hill tops above 800m: 80% through daylight hours. Falling to 30% late evening.

Low cloud and visibility: Cloud bases around 800m early morning, but soon rising to give very good visibility with cloud generally above the summits. Extensive cloud lowering to 900m late evening.

Temperature: **Glens:** Plus 9 Celsius rising to 16 Celsius
At 800m: Plus 6 Celsius rising to 9 Celsius
Freezing level: Above the summits.