

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 00:00 on Wednesday 05 Jul 2023 until 23:59 on Thursday 06 Jul 2023

Forecast Issued on Tuesday 04 Jul 2023 at 15:54 by Met Office Aberdeen

**Confidence:** Generally high confidence for much of the forecast but low for timing of rain later Thursday and early Friday, and strength of winds Friday and Saturday.

**Headline for Wednesday 05 Jul 2023:** Light winds and scattered showers.

### Mountain weather hazards on Wednesday 05 Jul 2023

**Blizzards**  
No Likelihood

**Gales**  
No Likelihood

**Thunderstorms**  
No Likelihood

**Heavy persistent snow**  
No Likelihood









**Severe chill effect**  
No Likelihood

**Heavy persistent rain**  
No Likelihood

**Storm force winds**  
No Likelihood

**Poor visibility**  
Low Likelihood

**Strong sunlight**  
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain	Light rain	Light rain	Light rain showers	Heavy rain showers	Heavy rain showers	Light rain showers	Partly cloudy (night)
Precipitation probability							
40%	40%	30%	30%	30%	30%	20%	10%

### Forecast for Wednesday 05 Jul 2023

**Weather:** Low cloud and patchy rain across eastern hills during the early hours, particularly across the Fannichs and Glen Affric, dry with clear spells elsewhere. Scattered showers breaking out by mid-morning for many places, but western coastal hills largely dry with good sunny spells. Showers dying out through the evening with some clear spells overnight.

**Chance of cloud-free hill tops above 800m:** 30% early to mid-morning, then rising to 80%

**Low cloud and visibility:** Generally good visibility outside of any low cloud. Cloud bases 500-600m around dawn, most extensive in the east, patchy towards the west coast. Cloud bases rising through the morning, to be mainly above the summits by midday.

## Forecast for Wednesday 05 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/4 N	3/5 N	5/7 S	7/10 SW	11/16 SW	14/20 SW	17/23 SW	17/22 S	17/22 S
900	3/4 N	3/5 N	5/7 S	7/10 SW	11/16 SW	13/19 SW	17/23 SW	16/21 S	16/22 S
600	3/4 N	2/4 NW	4/5 S	6/9 SW	10/15 SW	10/16 SW	14/20 SW	11/17 S	12/17 S
300	2/5 N	2/5 E	2/5 SE	3/8 SW	7/14 SW	6/17 SW	6/18 SW	3/14 S	4/15 S
Glen	4/6 N	5/6 N	2/4 SE	3/6 S	6/11 W	8/16 SW	10/18 SW	7/16 S	8/18 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	4/3	4/2	4/2	5/3	7/3	7/4	6/2	5/1	5/0
900	5/3	4/3	4/3	6/4	8/4	8/5	7/3	6/2	6/1
600	7/6	6/6	7/6	9/7	10/8	11/8	9/6	8/5	8/5
300	9/9	8/8	9/9	12/11	13/12	14/13	12/11	10/10	10/9
Glen	12/11	11/10	12/12	14/13	15/14	16/15	15/13	13/12	12/11
Freezing Level*	1600m	1500m	1500m	1500m	1700m	1700m	1700m	1700m	1700m

\*Level above which ground is expected to be frozen/snow is expected to settle.

## Met Office Aberdeen Meteorologist's View

Driest, sunniest conditions on the west coast. Moderate to high UV levels so sun protection is recommended.

## Forecast for Thursday 06 Jul 2023

**Weather:** Mainly dry through the early hours with some clear spells, a few showers along the west coast. Cloud will thicken through the morning and early afternoon, giving a few showers. Cloud lowers in the evening with strengthening winds and rain spreading in from the south.

**Maximum wind:** South 10-15 mph, gusting 20 mph. Becoming Southeast 20 gusting 30 mph late afternoon, perhaps 40 mph across higher summits late evening.

**Chance of cloud-free hill tops above 800m:** 80% through daylight hours. Falling to 30% late evening.

**Low cloud and visibility:** Cloud bases around 800m early morning, but soon rising to give very good visibility with cloud generally above the summits. Extensive cloud lowering to 900m late evening.

**Temperature:** **Glens:** Plus 9 Celsius rising to 16 Celsius  
**At 800m:** Plus 6 Celsius rising to 9 Celsius  
**Freezing level:** Above the summits.