

Issued by the Met Office at 1700 UTC on Friday 04 March 2016

Ser. No. 22

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Friday 04 March to 1800 UTC Saturday 05 March 2016

#### General Situation

Low pressure centred over southern England and Wales will slowly move southeastwards to reach central Europe during Saturday. A cold northerly airflow will follow in its wake.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

North 5 or 6, occasionally 7 at first.

Moderate or rough, occasionally very rough at first in north.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

North, backing northwest, 5 or 6, decreasing 3 or 4.

Moderate or rough, becoming slight in the Moray Firth.

Snow showers.

Good, occasionally poor.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Northeast 4 or 5, backing north 5 or 6.

Slight or moderate, occasionally rough near Rattray Head.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

North 5 or 6, backing northwest 4 or 5, occasionally 3 later.

Slight or moderate, occasionally rough at first near Rattray Head.

Snow showers.

Good, occasionally poor.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Northeast 5 or 6, occasionally 7 at first, backing north 5 or 6.

Moderate or rough.

Occasional rain then wintry showers.

Moderate or good.

Outlook for the following 24 hours:

North 4 or 5, occasionally 6 at first.

Moderate, occasionally rough at first.

Wintry showers.

Good, occasionally moderate.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Cyclonic, becoming northeasterly, 5 to 7, then backing north 5 or 6 later.

Moderate or rough, but slight at first in south.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

North 6, decreasing 4 or 5.

Moderate, occasionally rough at first.

Occasional rain, wintry showers later.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Variable, becoming northerly, 3 or 4, increasing 5 or 6 later near Gibraltar Point.

Smooth or slight, becoming moderate in north.

Fair then rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly 5 to 7, but 3 or 4 at first in south, backing northwesterly 4 or 5 later.

Slight or moderate, occasionally rough, but smooth at first in south.

Occasional rain or showers.

Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Variable, becoming northerly, 3 or 4, increasing 5 or 6 later in west.

Smooth or slight, occasionally moderate later.

Rain or showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northerly 5 or 6, but 3 or 4 at first near North Foreland, then backing northwesterly 3 or 4 later.

Slight or moderate, occasionally smooth.

Occasional rain or showers.

Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Westerly, veering northerly, 3 or 4, then increasing 5 or 6.

Slight or moderate, occasionally smooth in east.

Showers, rain for a time.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly, backing northwesterly, 5 or 6, then decreasing 3 or 4.

Smooth or slight, occasionally moderate at first.

Showers.

Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northerly 5 to 7, occasionally gale 8 at first in far west, but northwesterly 4 or 5 at first in east.

Slight or moderate in east, otherwise rough, but very rough for a time in far west.

Showers, rain for a time.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly 5 or 6, occasionally 7 at first, backing northwesterly 4 or 5, then becoming variable 3 or 4 later.

Slight or moderate, occasionally rough at first in far west, becoming smooth in lyme bay.

Showers, rain later near the Isles of Scilly.

Good, occasionally moderate later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Northerly 5 to 7, occasionally gale 8 at first near St Davids Head, but 4 or 5 at first in the Bristol Channel.

Moderate or rough, occasionally very rough at first in west, becoming slight

later in the Bristol Channel.  
Showers, occasional rain at first.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Northerly 5 or 6, occasionally 7 at first in west, backing northwesterly 4 or 5,  
then becoming variable 3 or 4 later.  
Slight or moderate, occasionally rough at first in west.  
Showers.  
Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
North 5 to 7, occasionally gale 8 at first.  
Moderate or rough, occasionally very rough at first in west.  
Occasional rain or sleet then wintry showers.  
Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:  
North 5 to 7, decreasing 3 or 4, then backing northwest.  
Slight or moderate, occasionally rough at first near St Davids Head, becoming  
smooth later in north.  
Wintry showers.  
Good, occasionally moderate.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
Northeast 5 to 7, backing north 5 or 6.  
Slight or moderate, occasionally rough at first in south.  
Wintry showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, occasionally 6 at first, backing northwest 3 or 4 later.  
Smooth or slight, occasionally moderate at first in south.  
Wintry showers at first.  
Good, occasionally moderate at first.

Isle of Man - (SWW)  
24 hour forecast:  
North 6 or 7, decreasing 5, occasionally 4 later.  
Rough becoming slight or moderate.  
Fair.  
Good.

Outlook for the following 24 hours:  
Northern 4 or 5, decreasing 3 or less then becoming variable.  
Smooth or slight, but moderate for a time.  
Fair.  
Good.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Northeast 5 to 7, backing north 5 or 6.  
Rough, becoming slight or moderate.  
Wintry showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, occasionally 6 at first, becoming variable 3 or 4.  
Slight or moderate, becoming smooth in south.  
Wintry showers at first in north.  
Good, occasionally moderate at first.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)  
24 hour forecast:  
Northeasterly 5 to 7, backing northerly 4 or 5, occasionally 6 in the North Channel.  
Slight or moderate, occasionally rough at first near the Mull of Kintyre.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Northerly 4 or 5, occasionally 6 at first in the North Channel, becoming variable 3 or 4.  
Slight or moderate, occasionally smooth later.  
Fair.  
Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Northeast 5 to 7, backing north 5 or 6 later.  
Moderate or rough, occasionally very rough at first.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, occasionally 6 at first, becoming variable 3 or 4.  
Moderate or rough becoming slight.  
Fair.  
Good.

The Minch - (SWW)  
24 hour forecast:  
Northeast 5 or 6, occasionally 7 at first, backing north 4 or 5 later.  
Slight or moderate, occasionally rough at first.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, becoming variable 3 or 4.  
Slight or moderate, occasionally smooth.  
Fair.  
Good.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Northeast 5 or 6, occasionally 7 at first, backing north 4 or 5 later.  
Very rough becoming moderate or rough.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, becoming variable 3 or 4.  
Moderate, occasionally rough at first.  
Fair.  
Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Friday 04 Mar 2016 at 1800 UTC until Saturday 05 Mar 2016 at 0600 UTC

Shetland Isles

General Situation

A low south of UK will extend various troughs north across Shetland maintaining a Northerly airflow.

Gale Warnings in operation for Sea Area Fair Isle: Nil at time of issue.

Northerly or north-northeast 5 to 7, but variable 3 or 4 in east.  
Rough or very rough, occasionally moderate later in east.  
Showers occasionally wintry later.  
Good, occasionally moderate or poor.

Outlook for 12 Hours from 0600 UTC on Saturday 05 Mar until 1800 UTC on Saturday 05 Mar:

Northerly 5 to 7, occasionally variable 3 or 4 at first in east.  
Rough but moderate in east, occasionally very rough at first in west.  
Wintry showers.  
Good, occasionally poor.

Channel Islands - (SWW)

24 hour forecast:

Westerly or variable 2 to 4, becoming northerly 4 to 5 after midnight,  
increasing 5 to 6 by dawn locally 7 for a time from late morning.  
Slight to moderate, increasing moderate to rather rough by midnight, locally  
rough in the south and west from Saturday morning.  
Scattered rain or hail showers, perhaps with sleet and a risk of thunder.  
Good, becoming moderate to poor in showers.

Outlook for the following 24 hours:

Northerly 5 to 6 decreasing 3 to 5 after dawn.  
Rather rough, locally rough in the south, decreasing slight to moderate on  
Sunday.  
Isolated rain or hail showers, perhaps with sleet and a risk of thunder.  
Good, occasionally moderate to poor in showers.

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