

Issued by the Met Office at 0400 UTC on Thursday 02 August 2012

Ser. No. 75

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Thursday 02 August to 0600 UTC Friday 03 August 2012

#### General Situation

A deep but slowly filling Atlantic low to the west of Ireland, will gradually edge southeastwards during the next two days.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable or cyclonic 3 or 4.

Slight, occasionally moderate at first.

Rain or showers, fog patches or banks, especially in north.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Variable or cyclonic 3 or 4, becoming northeasterly 4 or 5 in north.

Slight, occasionally moderate in north.

Occasional rain, fog banks.

Moderate or very poor.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

Southwest 3 or 4, occasionally 5 at first.

Slight or moderate, becoming smooth or slight.

Occasional rain in north at first, otherwise mainly fair.

Moderate or good, occasionally poor at first in north.

Outlook for the following 24 hours:

Variable 3 or 4.

Smooth or slight.

Showers, fog patches developing, mainly in north.

Moderate or good, occasionally very poor.

#### Berwick upon Tweed to Whitby

24 hour forecast:

Variable, mainly southwest, 3 or 4.

Slight or moderate, becoming smooth or slight.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Variable 3 or 4.

Smooth or slight.

Showers, occasionally thundery.

Good, occasionally moderate.

#### Whitby to Gibraltar Point

24 hour forecast:

South or southwest 3 or 4, occasionally 5 later.

Mainly slight.

Showers, occasionally thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 4 or 5, backing south 3 or 4.

Smooth or slight.

Showers, occasionally thundery.

Good, occasionally moderate.

#### Gibraltar Point to North Foreland

24 hour forecast:  
Southwesterly 4 or 5.  
Smooth or slight, becoming slight or moderate.  
Showers, occasionally thundery.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Slight or moderate.  
Showers, occasionally thundery.  
Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in east.  
Slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Slight or moderate.  
Showers.  
Good.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in western solent and lyme bay.  
Slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Moderate.  
Showers.  
Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, increasing 6 later in west.  
Moderate or rough.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwesterly 5 or 6, occasionally 7 in west.  
Moderate or rough, occasionally very rough in far west.  
Showers, becoming thundery later.  
Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, increasing 6 later in west.  
Moderate or rough.  
Showers, occasionally thundery.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwesterly 5 or 6, occasionally 7 in southwest.  
Moderate in east, rough in west, occasionally very rough in far southwest.  
Rain or thundery showers.  
Good, occasionally poor.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
Southerly 4 or 5, occasionally 6 later in south.  
Slight east of Anglesey, otherwise moderate or rough, becoming slight or moderate.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southerly or southeasterly 4 or 5, occasionally 6 in south.  
Smooth or slight east of Anglesey, otherwise slight or moderate, becoming rough at times in south.  
Rain or thundery showers.  
Good, occasionally poor.

Great Orme Head to the Mull of Galloway  
24 hour forecast:  
Mainly southerly 3 or 4, occasionally 5 in west.  
Slight or moderate, becoming slight.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southerly backing southeasterly 3 or 4, occasionally 5 in west.  
Slight.  
Rain or thundery showers.  
Good, occasionally moderate.

Isle of Man  
24 hour forecast:  
South or southwest 3 or 4, backing south 4 or 5.  
Slight becoming slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
South 4 or 5, backing southeast, then east later, 3 or 4.  
Slight or moderate, becoming slight.  
Showers.  
Good, occasionally moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southeasterly 3 or 4, occasionally 5 in North Channel.  
Slight or moderate, becoming mainly slight.  
Showers for a time.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southeasterly 3 or 4, occasionally 5 in North Channel, backing northeasterly 3 or 4 later.  
Mainly slight.  
Rain or showers, occasionally thundery.  
Good, occasionally moderate.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel  
24 hour forecast:  
Southeasterly 3 or 4, occasionally 5 in North Channel.  
Slight or moderate, becoming mainly slight.  
Showers for a time.  
Mainly good.

Outlook for the following 24 hours:

Southeasterly 3 or 4, occasionally 5 in North Channel, backing northeasterly 3 or 4 later.  
Smooth in shelter, otherwise slight.  
Rain or showers, occasionally thundery.  
Good, occasionally moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southeast 4 or 5, backing east 3 or 4.  
Slight or moderate.  
Mainly fair.  
Good.

Outlook for the following 24 hours:  
East or southeast, backing northeast later, 3 or 4, occasionally 5 later.  
Slight or moderate.  
Showers.  
Good, occasionally moderate.

The Minch  
24 hour forecast:  
Southerly, 4 or 5, becoming variable 3 or 4.  
Slight.  
Occasional rain in north, otherwise fair.  
Good, occasionally poor in north.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming northeasterly 4 or 5, occasionally 6 in northwest.  
Slight.  
Occasional rain with fog patches in north, mainly fair in south.  
Moderate, occasionally very poor in north, mainly good in south.

Ardnamurchan Point to Cape Wrath  
24 hour forecast:  
Southerly, 4 or 5, becoming variable 3 or 4.  
Slight or moderate.  
Occasional rain in north, otherwise fair.  
Good, occasionally poor in north.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming northeasterly 4 or 5, occasionally 6 in northwest.  
Slight or moderate.  
Occasional rain with fog patches in north, mainly fair in south.  
Moderate, occasionally very poor in north, mainly good in south.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Thursday 02 Aug 2012 at 0600 UTC until Thursday 02 Aug 2012 at 1800 UTC

Shetland Isles

General Situation  
A complex area of low pressure will affect the UK and surrounding waters.

Gale Warnings in operation for Sea Area Fair Isle: Nil.

East or northeast 3 or 4, occasionally 5 at first.  
Slight or moderate.  
Occasional rain, fog patches.  
Moderate or poor, occasionally very poor.

Outlook for 12 Hours from 1800 UTC on Thursday 02 Aug until 0600 UTC on Friday 03 Aug:

East or northeast 3 or 4, increasing 5 for a time.  
Slight or moderate.  
Occasional rain, fog patches.  
Moderate or poor, occasionally very poor.

Channel Islands

24 hour forecast:

Southwest 4, occasionally 5 northwest of guernsey, decreasing 3 or 4 during the evening, increasing 4 or 5 overnight.  
Slight to moderate.  
Isolated showers.  
Mainly good.

Outlook for the following 24 hours:

Southwest 4 or 5 backing southwest to south 2 to 4 during the afternoon, increasing 4 occasionally 5 overnight.  
Slight to moderate with swell.  
Isolated showers.  
Mainly good.

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