

Issued by the Met Office at 0600 UTC on Saturday 01 March 2008

Ser. No. 94

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Deep low moves southeast to the north of Shetland. Developing Atlantic low moves northeast to cross Scotland by early Sunday.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Northwest backing west 7 to severe gale 9, decreasing 5 or 6 later.

Squally showers then rain.

Moderate or good, occasionally poor.

Rough or very rough, but high in north at first.

Outlook for the following 24 hours:

Westerly 5 to 7, occasionally gale 8.

Rain or wintry showers.

Moderate or good.

Rough or very rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

Northwest, backing southwest for a time, 7 to severe gale 9, decreasing 5 to 7 later.

Squally showers then rain.

Moderate or good.

Rough or very rough decreasing moderate or rough.

Outlook for the following 24 hours:

Westerly 5 to 7.

Rain or showers.

Moderate or good.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

Westerly 6 to gale 8, occasionally severe gale 9 at first.

Squally showers, rain later.

Moderate or good.

Rough or very rough decreasing moderate or rough.

Outlook for the following 24 hours:

West 5 to 7, occasionally gale 8.

Rain or showers.

Moderate or good.

Moderate or rough.

Whitby to Gibraltar Point

24 hour forecast:

Westerly 6 to gale 8, occasionally severe gale 9 at first.

Squally showers, rain later.

Moderate or good.

Rough or very rough decreasing moderate or rough.

Outlook for the following 24 hours:

Westerly 6 to gale 8 decreasing 4 or 5.

Rain or showers.

Moderate or good.

Moderate or rough.

Gibraltar Point to North Foreland

24 hour forecast:

Westerly 7 to severe gale 9 decreasing 5 to 7.

Squally showers then rain.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Westerly 6 to gale 8, decreasing 4 or 5.

Rain or showers.

Moderate or good.

Moderate or rough.

North Foreland to Selsey Bill

24 hour forecast:

West backing southwest 5 to 7, occasionally gale 8.

Occasional rain later.

Moderate or good.

Moderate or rough, occasionally very rough.

Outlook for the following 24 hours:

West or southwest 6 to gale 8 decreasing 4 or 5.

Occasional rain.

Moderate good.

Moderate or rough.

Selsey Bill to Lyme Regis

24 hour forecast:

Westerly 5 to 7, occasionally gale 8 in east.

Occasional rain later.

Moderate or good.

Moderate or rough, occasionally very rough at first.

Outlook for the following 24 hours:

Southwest 5 to 7, veering west 4 or 5.

Occasional rain.

Moderate or good.

Moderate or rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Westerly 5 to 7.

Occasional rain later.

Moderate or good.

Moderate or rough, occasionally very rough.

Outlook for the following 24 hours:

West veering northwest 5 to 7.

Occasional rain.

Moderate or good.

Moderate or rough.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Westerly 5 to 7.

Occasional rain.

Moderate or good.

Moderate or rough, occasionally very rough in west.

Outlook for the following 24 hours:

Westerly 5 to 7.

Occasional rain.

Moderate or good, occasionally poor.

Moderate or rough.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Westerly 5 to 7, occasionally gale 8.

Showers, then rain for a time.

Moderate or good.

Moderate or rough, occasionally very rough in west.

Outlook for the following 24 hours:

Westerly 5 to 7.

Rain then showers.

Moderate or good, occasionally poor.

Moderate or rough.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Westerly, backing southerly for a time, 5 to 7, occasionally gale 8.

Showers then rain.

Moderate or good.

Rough or very rough.

Outlook for the following 24 hours:

Westerly 5 to 7, occasionally gale 8.

Rain or showers.

Moderate or good.

Rough or very rough.

Isle of Man

24 hour forecast:

West or northwest 6 or 7, occasionally gale 8 at first, backing southwest 5 or 6 for a time.

Isolated showers, rain for a time later.

Moderate or good, perhaps poor at times in rain.

Mainly rough.

Outlook for the following 24 hours:

West 6 or 7, decreasing 5 or 6 for a time.

Isolated showers.

Mainly good.

Moderate or rough.

Lough Foyle to Carlingford Lough

24 hour forecast:

Northwest 6 to gale 8, backing south 4 or 5 for a time, perhaps severe gale 9 later.

Squally showers, rain for a time.

Moderate or good.

Moderate or rough, in south, very rough or high in north.

Outlook for the following 24 hours:

Westerly 6 to gale 8, occasionally severe gale 9.

Rain or showers.

Moderate or good.

Moderate or rough in south, very rough or high in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Northwest 5 to 7, occasionally gale 8, backing south 4 for a time, perhaps severe gale 9 later.

Showers, rain for a time.

Moderate or good.

Rough or very rough.

Outlook for the following 24 hours:

Westerly 6 to gale 8, occasionally severe gale 9.

Rain or showers.

Moderate or good.

Rough or very rough.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Northwest 5 to 7, occasionally gale 8, backing south 4 for a time.

Squally showers, rain for a time.

Moderate or good, occasionally poor.

High or very high becoming very rough or high.

Outlook for the following 24 hours:

Westerly 5 to 7, occasionally gale 8, perhaps severe gale 9.

Rain or wintry showers.

Moderate or good.

Very rough or high.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

West or northwest 5 to 7, occasionally gale 8 at first, veering north 4 for a time.

Squally showers, rain for a time.

Moderate or good, occasionally poor.

High or very high, decreasing rough or very rough.

Outlook for the following 24 hours:

Westerly becoming cyclonic 5 to 7, occasionally gale 8, perhaps severe gale 9.

Rain or wintry showers.

Moderate or good, occasionally poor.

Rough or very rough.

Shetland Isles

24 hour forecast:

Northwesterly 7 to severe gale 9, occasionally storm 10, decreasing 5 to 7 later.

Squally wintry showers.

Moderate or poor, becoming good later.

Very rough or high, occasionally very high.

Outlook for the following 24 hours:

Northerly becoming cyclonic 5 to 7, increasing 7 to severe gale 9 in south.

Wintry showers then rain or sleet.

Good becoming moderate or poor.

Rough or very rough, occasionally high.

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