

Issued by the Met Office at 0500 UTC on Monday 04 March 2019

Ser. No. 28

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Monday 04 March to 0600 UTC Tuesday 05 March 2019

#### General Situation

Deep low will move away northeastwards into the North Sea on Monday. Then two Atlantic low centres will slowly move east on Tuesday and merge to the southwest of Ireland later.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

West or southwest 5 to 7, becoming variable 3 or 4.

Slight or moderate, but rough, occasionally very rough, in northwest.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Variable 3 or 4, becoming east or northeast 5 or 6.

Slight or moderate, occasionally rough.

Showers.

Good.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Northwest 5 to 7, backing southwest 4 or 5, becoming variable 3 or 4 later.

Slight or moderate.

Rain then showers.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Variable 3 or 4, becoming east 4 or 5 later.

Slight or moderate, occasionally rough later in far north.

Rain or showers.

Good, occasionally moderate.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Northwest 5 to 7, backing southwest 4 or 5.

Slight or moderate, occasionally rough at first offshore.

Rain then showers.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Southwest 4 or 5, becoming variable 3 or 4, backing southeast 4 or 5 later.

Moderate, occasionally slight at first.

Rain or showers.

Good, occasionally moderate.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

West or northwest 5 to 7, backing southwest 5.

Slight or moderate, occasionally rough at first offshore.

Rain then showers.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Southwest 5, occasionally 6 at first, backing south 4, then southeast 4 or 5 later.

Slight or moderate.

Showers, rain later.

Good, occasionally moderate later.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Westerly 5 to 7, backing southwesterly 4 or 5 later.

Slight or moderate, occasionally rough at first in far northeast.

Rain or thundery showers at first.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly 4 or 5, occasionally 6 at first, backing southeast 5 or 6 later.

Slight, occasionally moderate.

Showers, occasional rain later.

Good, occasionally moderate later.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Westerly or northwesterly 5 or 6, backing southwesterly 5 to 7.

Moderate or rough.

Thundery showers at first.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Westerly or southwesterly 5 to 7, backing southerly 4 or 5, then southeasterly 5 to 7 later.

Moderate, occasionally rough.

Showers, rain later.

Good, occasionally moderate later.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Northwest 5 or 6, backing west 5 to 7, then southwest 5 or 6 later.

Moderate or rough, occasionally very rough offshore.

Thundery showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 5 or 6, backing south 4 or 5, increasing 6 or 7 later.

Moderate or rough.

Showers, rain later.

Good, occasionally moderate later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northwest 5 to 7, backing west 6 to gale 8, then southwest 5 to 7 later.

Rough or very rough, occasionally moderate near shore.

Thundery showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 5 to 7, backing south 6 to gale 8, veering southwest 5 or 6 later.

Rough or very rough, occasionally moderate near shore.

Showers, rain later.

Good, occasionally moderate later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West 5 or 6, increasing 7 or gale 8, backing southwest 5 to 7 later.

Rough or very rough, occasionally moderate in east.

Thundery showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 5 to 7, backing south 5 or 6, increasing 7 or gale 8 for a time.

Rough or very rough, occasionally moderate in east.

Showers, then rain.  
Moderate or good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
West 5 or 6, backing southwest 5 to 7.  
Moderate or rough, occasionally very rough in far south.  
Squally showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwest 5 to 7, backing south 4 or 5, then southeast 5 to 7 later.  
Moderate or rough, occasionally very rough at first in far south and slight later in north.  
Showers then rain or drizzle.  
Good, becoming moderate or poor.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
West 5 to 7, backing southwest 4 or 5, increasing 6 or 7 later.  
Moderate, occasionally slight.  
Squally showers, rain later.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwest 5 to 7, occasionally gale 8 at first, backing south 4, then southeast 5 to 7 later.  
Moderate or rough, becoming slight or moderate.  
Showers then rain.  
Good, occasionally moderate.

Isle of Man - (SWW)  
24 hour forecast:  
West or southwest 5 or 6, decreasing 4 for a time.  
Slight or moderate, becoming moderate or rough later.  
Fair at first, then occasional rain or showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwest, backing southeast later, 5 to 7, perhaps gale 8 at first.  
Moderate, occasionally rough at first.  
Showers, rain later.  
Good, becoming moderate or poor later.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
West 5 or 6, backing southwest 4 or 5, increasing 6 or 7 later.  
Slight or moderate, occasionally rough at first in far north.  
Showers, rain later.  
Good, occasionally moderate later.

Outlook for the following 24 hours:  
Southwest 5 to 7, decreasing 3 or 4, backing east or southeast 6 to gale 8 later.  
Slight or moderate, occasionally rough.  
Rain or showers.  
Moderate or good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)  
24 hour forecast:  
Westerly 5 or 6, backing southwesterly 4 or 5, occasionally 6 later.  
Slight or moderate.  
Showers, rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southwesterly 5 to 7, decreasing 3 or 4, backing easterly 6 or 7 later.

Slight or moderate, occasionally rough at first in far south.

Rain or showers.

Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Northwest, backing southwest, then southeast later, 5 to 7.

Rough, occasionally very rough in northwest and moderate in shelter.

Rain or squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southeast, becoming cyclonic, 5 to 7, then variable 3 or 4, then becoming east 6 to gale 8 later.

Rough or very rough, becoming moderate or rough.

Rain or showers.

Moderate or good.

The Minch - (SWW)

24 hour forecast:

West, backing southwest, then southeast later, 5 to 7.

Moderate or rough, occasionally slight in central areas.

Squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southeast, becoming cyclonic, then east or northeast later, 5 to 7.

Moderate or rough, occasionally slight in central areas.

Showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

West, backing southwest, then southeast later, 5 to 7.

Rough or very rough.

Squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southeast, becoming cyclonic, then east or northeast later, 5 to 7.

Rough, occasionally very rough at first and moderate later.

Showers.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Monday 04 Mar 2019 at 0600 UTC until Monday 04 Mar 2019 at 1800 UTC

Shetland Isles

General Situation

A large complex area of low pressure remains slow moving close to Shetland through Monday before sinking south through Tuesday morning.

Gale Warnings in operation for Sea Area Fair Isle at time of issue:

Northeasterly gale force 8 expected later (issued 03/2157)

South 3 or 4 becoming cyclonic 5 to 7

Moderate in southeast at first, otherwise rough or very rough

Showers  
Mainly good

Outlook for 12 Hours from 1800 UTC on Monday 04 Mar until 0600 UTC on Tuesday 05 Mar:

Cyclonic becoming northeast 5 to 7

Rough or very rough

Rain or showers

Moderate or good, perhaps poor at times

Channel Islands - (SWW)

24 hour forecast:

Northwest 5 to 7, locally southwest to west gale 8 with gusts to 55kt in the south of the area early morning, then west 6 to 7 by mid morning, occasionally gale 8 with gusts to 55kt until late evening, backing west to southwest 4 to 6 by morning.

Rather rough to rough, increasing rough to very rough by this afternoon, decreasing moderate to rather rough in the south of the area by morning.

Showers, locally heavy with risk of hail and thunder, becoming less frequent this afternoon.

Moderate to good, occasionally poor.

Outlook for the following 24 hours:

West to southwest 4 to 5, occasionally 6 in the morning, backing south by evening, increasing 5 to 6 overnight, occasionally 7.

Moderate to rather rough with swell, locally rough in the north Tuesday morning and again by Wednesday morning.

Scattered showers, locally heavy, becoming isolated during the morning and dying out in the evening outbreaks of rain from around midnight.

Good, occasionally moderate to poor in showers and in rain later.

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