

From the Met Office. Issued at 2330 GMT on Monday 02 Apr 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: Ridge of high pressure over northern United Kingdom. Weakening cold front affecting northern and eastern areas for a time.

From Cape Wrath to Duncansby Head including Orkney.

Wind: north backing northwest 3 or 4.

occasional rain then fair.

Visibility: moderate or good, occasionally poor at first.

Shetland.

Wind: north backing north or northwest 4 or 5.

occasional rain later.

Visibility: moderate or good.

From Duncansby Head to Whitby.

Wind: northerly or northeasterly 4 or 5, occasionally 6 in south for a time.

occasional rain then fair.

Visibility: moderate or good, occasionally poor at first.

From Whitby to North Foreland.

Wind: north or northeast 4 or 5, occasionally 6 later.

occasional rain becoming fair in north.

Visibility: moderate or good.

From North Foreland to St. Catherine's Point.

Wind: northeast 5 or 6, occasionally 7.

occasional rain but mainly fair.

Visibility: moderate or good.

From St. Catherine's Point to Lands End.

Wind: northeast 5 or 6, occasionally 7.

occasional rain but mainly fair.

Visibility: moderate or good.

From Lands End to Colwyn Bay.

Wind: northeasterly 4 or 5, occasionally 6 in south.

fair.

Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: north or northeast 3 or 4, occasionally 5.

fair.

Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.

Wind: northerly or northeasterly 3 or 4, occasionally 5, becoming variable 2 or 3 in north later.

occasional rain in north for a time but mainly fair in south.

Visibility: moderate or good.