

**South Grampian and Southeast Highlands**

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils

Forecast valid from 06:00 on Friday 08 Mar 2024 until 23:59 on Saturday 09 Mar 2024







Forecast Issued on Friday 08 Mar 2024 at 03:38 by Met Office Aberdeen

**Confidence:** High confidence for cloudy weather to persist for the next five days.

**Headline for Friday 08 Mar 2024:** Cold, windy and cloudy with showery outbreaks at times.

**Mountain weather hazards on Friday 08 Mar 2024**

<b>Blizzards</b> No Likelihood	<b>Heavy persistent snow</b> No Likelihood	<b>Storm force winds</b> No Likelihood
<b>Gales</b> No Likelihood	<b>Severe chill effect</b> High Likelihood	<b>Poor visibility</b> Medium Likelihood
<b>Thunderstorms</b> No Likelihood	<b>Heavy persistent rain</b> No Likelihood	<b>Strong sunlight</b>

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Light snow	Light snow	Light snow	Cloudy	Cloudy	Cloudy
Precipitation probability					
60%	50%	40%	20%	20%	10%

**Forecast for Friday 08 Mar 2024**

**Weather:** A generally cloudy day with outbreaks of rain or snow above 400-600m. Feeling cold under persistent low cloud and strong east to southeasterly winds with gusts in excess of 40mph on the highest summits.

**Chance of cloud-free hill tops above 800m:** 30%, the best chances in the afternoon.

**Low Cloud and visibility:** Extensive cloud with bases down to 500-600m at times, visibilities falling poor in hill fog or any outbreaks of rain or hill snow.

Forecast for Friday 08 Mar 2024

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	34/40 SE	33/39 SE	36/44 SE	34/42 SE	35/43 E	33/42 E	30/38 E
900	27/33 SE	25/31 SE	28/36 SE	27/35 SE	27/35 E	26/35 E	24/32 E
600	19/28 SE	19/28 SE	20/31 SE	19/30 SE	18/29 E	17/28 E	15/25 E
300	10/18 E	9/18 E	13/24 SE	12/25 E	11/22 E	11/22 E	10/21 E
Glen	8/17 E	8/16 E	11/21 E	11/22 E	10/21 E	10/21 E	11/22 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	-5/-15	-5/-15	-4/-14	-4/-14	-4/-14	-5/-15	-6/-16
900	-3/-12	-3/-11	-2/-10	-2/-10	-2/-11	-3/-11	-4/-12
600	-1/-8	-1/-8	0/-6	1/-6	-0/-6	-1/-7	-1/-7
300	2/-2	2/-2	3/-1	4/-1	2/-2	2/-2	1/-3
Glen	2/-1	3/-1	4/0	4/1	3/-0	3/-1	2/-2
Freezing Level*	400m	400m	500m	600m	500m	400m	400m

\*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist’s View

Strong winds will make for fairly arduous conditions on exposed terrain and provide a severe wind chill. Persistent low cloud and hill fog may result in navigation difficulties.

Forecast for Saturday 09 Mar 2024

**Weather:** Remaining cloudy with outbreaks of rain, or snow above 400m. Strong easterly winds maintain a severe wind chill.

**Maximum wind:** Average speeds of 25-30mph, with gusts in excess of 40mph on highest summits.

**Chance of cloud-free hill tops above 800m:** 30%

**Low Cloud and visibility:** Extensive cloud with bases down to 400-500m, visibilities falling poor in hill fog or any outbreaks of rain or hill snow.

**Temperature:**   **Glens:** Plus 2 to plus 4 Celsius.  
                          **At 800m:** Minus 1 to minus 4 Celsius  
                          **Freezing level:** 300m rising to 500m