

Issued by the Met Office at 0600 UTC on Wednesday 05 March 2008

Ser. No. 13

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

High pressure slow moving to the southwest of the United Kingdom will bring mainly fair conditions to southern Britain at first. Areas of low pressure moving east, to the north of Scotland, will bring gales or severe gales to northern and later to some western parts of the United Kingdom.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southwesterly 6 to gale 8, occasionally severe gale 9 in north, veering westerly 3 or 4 later.

Occasional rain.

Moderate or good, occasionally poor in north.

Rough or very rough, but moderate in Moray Firth.

Outlook for the following 24 hours:

West 3 or 4 backing south or southwest 6 to gale 8.

Occasional rain.

Moderate or good, occasionally poor.

Rough or very rough, but moderate in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

West or southwest 6 to gale 8, decreasing 5 or 6 later.

Occasional rain.

Moderate or good.

Slight to rough.

Outlook for the following 24 hours:

South or southwest 5 to 7, occasionally gale 8 later.

Occasional rain.

Moderate or good.

Slight to rough.

Berwick on Tweed to Whitby

24 hour forecast:

Westerly or southwesterly 5 or 6, occasionally 7 in north.

Occasional rain later.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 5 to 7.

Occasional rain.

Moderate or good.

Slight or moderate, occasionally rough later.

Whitby to Gibraltar Point

24 hour forecast:

West or southwest 4 increasing 5 or 6.

Mainly fair.

Good.

Moderate or rough becoming slight.

Outlook for the following 24 hours:

West or southwest 5 or 6, occasionally 7 later.

Mainly fair.

Moderate or good.  
Slight or moderate.

Gibraltar Point to North Foreland  
24 hour forecast:  
Northwest backing southwest 4 or 5, occasionally 6.  
Wintry showers at first then fair.  
Good.  
Slight or moderate, occasionally rough in north.

Outlook for the following 24 hours:  
Southwest 5 or 6, occasionally 7 later.  
Fair.  
Good.  
Slight or moderate.

North Foreland to Selsey Bill  
24 hour forecast:  
North 5 or 6, decreasing 3 then backing west, increasing 5 or 6 later.  
Wintry showers at first then fair.  
Good.  
Slight or moderate, occasionally rough at first in north.

Outlook for the following 24 hours:  
West or southwest 5 or 6.  
Fair.  
Good.  
Slight or moderate.

Selsey Bill to Lyme Regis  
24 hour forecast:  
North 4 backing west 2 or 3, increasing 5 or 6 later.  
Mainly fair.  
Good occasionally moderate.  
Slight.

Outlook for the following 24 hours:  
West or southwest 5 or 6, occasionally 7 later.  
Mainly fair.  
Moderate or good.  
Slight increasing moderate or rough.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
Variable 2 or 3 becoming west 4 or 5, occasionally 6 later.  
Mainly fair.  
Good occasionally moderate.  
Slight or moderate.

Outlook for the following 24 hours:  
West or southwest 5 or 6 increasing 7 or gale 8 later.  
Rain later.  
Moderate or good.  
Slight or moderate, increasing rough or very rough.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
Variable 3 or 4 becoming west 4 or 5, occasionally 6 later.  
Mainly fair.  
Good occasionally moderate.  
Slight or moderate.

Outlook for the following 24 hours:

West or southwest 5 or 6 increasing 7 or gale 8 later.  
Rain later.  
Moderate or good.  
Slight or moderate, increasing rough or very rough.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
West 3 backing southwest 5 or 6.  
Mainly fair.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest 5 or 6, increasing 7 or gale 8, veering west later.  
Rain later.  
Moderate or good.  
Moderate, increasing rough or very rough.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
West or southwest 4 increasing 5 or 6.  
Fair, occasional rain later.  
Good occasionally moderate.  
Slight or moderate.

Outlook for the following 24 hours:  
West backing south or southwest 5 to 7, occasionally gale 8 later.  
Occasional rain.  
Moderate or good.  
Moderate increasing rough.

Isle of Man  
24 hour forecast:  
West or southwest 3 or 4 increasing 5 or 6.  
Mainly fair.  
Mainly good.  
Slight becoming moderate or rough.

Outlook for the following 24 hours:  
West backing south or southwest 5 or 6, occasionally 7 later.  
Rain later.  
Good, occasionally moderate or poor later.  
Moderate or rough.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southwesterly 5 or 6, occasionally 7 in north.  
Occasional rain.  
Moderate or good.  
Slight in south, moderate or rough in north.

Outlook for the following 24 hours:  
Southwest 5 to 7 backing south 6 to gale 8.  
Occasional rain.  
Moderate or good.  
Moderate or rough, occasionally very rough in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel  
24 hour forecast:  
Southwest 5 or 6.  
Occasional rain.  
Moderate or good.  
Slight or moderate, occasionally rough in north.

Outlook for the following 24 hours:  
Southwest backing south 5 to 7, occasionally gale 8 later.  
Occasional rain.  
Moderate or good.  
Moderate or rough.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southwest 5 to 7, occasionally gale 8.  
Occasional rain.  
Moderate or good.  
Moderate or rough, occasionally very rough.

Outlook for the following 24 hours:  
Southwest, backing south for a time, 5 or 6 increasing 7 to severe gale 9.  
Occasional rain.  
Moderate or good.  
Rough or very rough, occasionally high later.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Southwesterly 6 to gale 8, occasionally severe gale 9 in north, decreasing 4 or 5, occasionally 6 later.  
Rain.  
Moderate occasionally poor.  
Rough or very rough, occasionally high in west.

Outlook for the following 24 hours:  
Southwest, backing south for a time, 5 or 6 increasing 7 to severe gale 9.  
Rain.  
Moderate or poor.  
Rough to high.

Shetland Isles  
24 hour forecast:  
West or southwest 7 to severe gale 9 veering northwest 4 later.  
Rain.  
Moderate occasionally poor.  
Very rough or high.

Outlook for the following 24 hours:  
Northwest 4 backing south 6 to gale 8.  
Occasional rain.  
Moderate or good.  
Very rough or high.

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