

Issued by the Met Office at 0001 UTC on Thursday 04 September 2008

Ser. No. 45

Inshore Waters Forecast to 12 miles offshore from 0001 UTC to 2359 UTC

#### General Situation

A complex area of low pressure across the north of the United Kingdom will bring mainly light winds to the north but gales to the south for a time. A deep area of low pressure will then arrive in the Southwest Approaches late in the period continuing the unsettled theme.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Cyclonic or northwest 3 or 4, occasionally 5 later.

Thundery showers.

Good.

Moderate, occasionally rough at first in north, slight in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

Cyclonic 3 or 4, occasionally 5 for a time in south.

Thundery showers.

Good.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

West or southwest 5 or 6, occasionally 7 at first, decreasing 3 or 4, then backing south or southeast for a time.

Squally showers.

Good, occasionally moderate at first.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

Southwest 6 or 7, occasionally gale 8 at first, decreasing 3 or 4.

Squally showers.

Moderate or good.

Slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly 6 to gale 8, decreasing 4 or 5, occasionally 6, later.

Squally showers.

Moderate or good.

Slight or moderate, occasionally rough in south.

North Foreland to Selsey Bill

24 hour forecast:

Southwest 6 or 7, occasionally gale 8 at first, decreasing 4 or 5 later.

Squally showers.

Moderate or good.

Moderate or rough.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest 6 or 7, occasionally gale 8 at first, backing south 4 or 5 later.

Squally showers.

Moderate or good.

Moderate or rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 6 or 7, decreasing 4 or 5, then backing south or southeast 5 or 6 later.

Squally showers, rain later.

Moderate or good.

Moderate or rough, occasionally very rough at first in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

West or southwest 5 to 7, decreasing 4 or 5, then backing southeast later.

Squally showers, rain later.

Moderate or good.

Moderate or rough, occasionally very rough at first in west.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

West or southwest 4 or 5, occasionally 6 at first, backing south or southeast 3 or 4 later.

Squally showers.

Good.

Slight or moderate, occasionally rough at first in south.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

West or northwest backing south or southwest 3 or 4, occasionally 5 at first.

Squally showers.

Good.

Slight, occasionally moderate at first.

Isle of Man

24 hour forecast:

West or southwest 3 or 4.

Showers.

Good.

Slight, occasionally moderate at first.

Lough Foyle to Carlingford Lough

24 hour forecast:

West or southwest veering north 3 or 4.

Showers.

Good.

Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

West or northwest 3 or 4, backing southwest for a time.

Showers.

Good.

Slight, occasionally moderate at first.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

North or northwest 3 or 4, backing south or southwest later.

Showers.

Good.

Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

North or northwest becoming cyclonic 4 or 5, increasing 6 at times.

Rain or showers.

Moderate or good.

Moderate or rough.

Shetland Isles

24 hour forecast:

Cyclonic 3 or 4 becoming northeast 4 or 5.

Showers.

Good.

Mainly moderate.

(c) Crown Copyright 2008