

Issued by the Met Office at 0500 UTC on Tuesday 01 March 2016

Ser. No. 8

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Tuesday 01 March to 0600 UTC Wednesday 02 March 2016

#### General Situation

A deep area of low pressure will move quickly northeastwards clearing northern Scotland by Tuesday morning bringing strong westerly or northwesterly winds across much of the United Kingdom for the next couple of days.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southerly at first in east, otherwise, cyclonic, becoming westerly later, 5 or 6, increasing 7 or gale 8 at times.

Moderate or rough, occasionally very rough in north and west.

Occasional rain.

Moderate, occasionally poor.

Outlook for the following 24 hours:

Westerly, becoming cyclonic, 5 or 6, increasing 7 at times, becoming variable 3 or 4 later in east.

Moderate or rough, occasionally very rough in north.

Wintry showers.

Moderate or good, occasionally poor.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

South, veering west or southwest, 5 to 7, increasing gale 8 at times, decreasing 4 or 5 later.

Moderate or rough, occasionally very rough at first near Rattray Head, becoming slight or moderate later.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West, becoming cyclonic 4 or 5, increasing 6 at times.

Slight or moderate.

Wintry showers.

Good, occasionally poor.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

South 5 to 7, increasing gale 8 at times, veering west 4 or 5, increasing 6 or 7 at times.

Slight or moderate, occasionally rough.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West, veering northwest, 4 or 5 increasing 6 or 7 at times.

Slight or moderate.

Wintry showers.

Moderate or good, occasionally poor.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

South 5 to 7, veering west 4 or 5 later, increasing 6 or 7 later, occasionally gale 8 later.

Slight or moderate, occasionally rough in far east.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West, veering northwest, 5 to 7, occasionally gale 8 at first, becoming variable 3 or 4 later.

Slight or moderate.

Rain then showers.

Moderate or good, occasionally poor.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly or southwesterly, veering westerly, 5 to 7, increasing gale 8 for a time.

Slight or moderate, occasionally rough.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly, veering northwesterly, 5 to 7, increasing gale 8 at times, decreasing 4 or 5 later.

Slight or moderate.

Showers.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly, veering westerly, 5 to 7, increasing gale 8 at times.

Slight or moderate, occasionally rough.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly or northwesterly 5 to 7, increasing gale 8 at times.

Moderate or rough.

Showers.

Good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest, veering west, 5 to 7, increasing gale 8 at times.

Moderate or rough.

Occasional rain, then showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West or northwest 5 to 7, increasing gale 8 at times.

Moderate or rough.

Showers.

Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Westerly 5 to 7, increasing gale 8 at times.

Moderate or rough, becoming very rough later in far west.

Occasional rain, then showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly or northwesterly 6 to gale 8, increasing severe gale 9 at times in west, decreasing 5 or 6 later.

Rough or very rough, becoming high for a time in west.

Showers.

Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest, veering northwest, 5 to 7, increasing gale 8 at times.  
Moderate or rough, becoming very rough later in west.  
Occasional rain, then showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Northwest 6 to gale 8, increasing severe gale 9 at times, decreasing 5 or 6 later.  
Rough or very rough, becoming high for a time in west.  
Showers.  
Good, occasionally moderate.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
Southwest, veering west, 5 to 7, increasing gale 8 at times.  
Moderate or rough, occasionally very rough in south.  
Occasional rain, then showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West, veering northwest, 6 to gale 8, increasing severe gale 9 at times, decreasing 5 or 6 later.  
Moderate or rough, occasionally very rough.  
Showers.  
Good, occasionally moderate.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
Southwest, veering west, 5 to 7, increasing gale 8 at times.  
Slight or moderate, becoming rough at times.  
Occasional rain.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West, veering northwest, 5 to 7, increasing gale 8 at times, decreasing 5 or 6 later.  
Moderate or rough, occasionally very rough.  
Showers.  
Good.

Isle of Man - (SWW)  
24 hour forecast:  
Southwest, veering west, 5 to 7, increasing gale 8 at times.  
Moderate or rough.  
Occasional rain.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West, veering northwest, 5 to 7, increasing gale 8 at times, decreasing 5 or 6 later.  
Moderate or rough.  
Showers.  
Good.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
West or southwest, veering northwest later, 5 to 7, increasing gale 8 at times.  
Slight or moderate, occasionally rough.  
Occasional rain, then wintry showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Northwest, 5 to 7, increasing gale 8 at times, decreasing 5 or 6 later.  
Slight or moderate, occasionally rough in north, becoming rough or very rough

for a time.  
Wintry showers.  
Good, occasionally poor.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

West or southwest, veering northwest later, 5 to 7, increasing gale 8 at times.  
Slight or moderate, occasionally rough.  
Occasional rain, then wintry showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Northwest, 5 to 7, increasing gale 8 at times, decreasing 5 or 6 later.  
Slight or moderate, occasionally rough in north, becoming rough or very rough for a time.  
Wintry showers.  
Good, occasionally poor.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

West or northwest, 5 to 7, increasing gale 8 at times, perhaps severe gale 9 later.  
Moderate or rough, occasionally very rough offshore.  
Rain at times, then wintry showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Northwest 5 to 7, increasing gale 8 at times.  
Rough or very rough, becoming high for a time offshore.  
Wintry showers.  
Good, occasionally poor.

The Minch - (SWW)

24 hour forecast:

West or northwest 4 or 5, increasing 6 to gale 8 at times.  
Slight or moderate, occasionally rough in far north and far south.  
Occasional rain, then wintry showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:

North or northwest 5 to 7, increasing gale 8 for a time, decreasing 5 or 6 later.  
Moderate or rough, becoming very rough at times in far north and in far south.  
Wintry showers.  
Good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

West or northwest 4 or 5, increasing 6 to gale 8 at times.  
Rough or very rough.  
Occasional rain, then wintry showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:

North or northwest 5 to 7, increasing gale 8 for a time, decreasing 5 or 6 later.  
Rough or very rough, becoming high for a time.  
Wintry showers.  
Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Tuesday 01 Mar 2016 at 0600 UTC until Tuesday 01 Mar 2016 at 1800 UTC

## Shetland Isles

### General Situation

Low pressure moves northeast across the Northern Isles during Tuesday bringing large variations in wind speeds and directions. This temporarily stalls near the Faroe Islands before tracking south across the area again on Wednesday.

Gale Warnings in operation for Sea Area Fair Isle: Southerly Severe Gale force 9 decreasing Gale Force 8 soon (Issued 0358UTC on 1st March)

In east; southeasterly 6 to gale 8, occasionally severe gale 9 in far east, veering southwesterly 4 or 5. in west; southeasterly 5 or 6 becoming cyclonic 4 or 5, then westerly later.

Rough or very rough, occasionally high in east.

Rain becoming showers.

Good occasionally moderate.

Outlook for 12 Hours from 1800 UTC on Tuesday 01 Mar until 0600 UTC on Wednesday 02 Mar:

West or southwesterly 5 to 7, decreasing 4 at times.

Rough or very rough, occasionally high in east at first.

Occasional showers.

Good occasionally moderate.

### Channel Islands - (SWW)

#### 24 hour forecast:

Southwest 5 in the south to 7 in the north of the area, with gusts to 40kt, veering west early afternoon, then northwest overnight.

Rather rough to rough, locally moderate in the south until midday.

Occasional rain, becoming persistent and heavier by mid-morning, clearing during the afternoon scattered showers developing in the evening.

Good, becoming moderate to poor in rain or showers.

#### Outlook for the following 24 hours:

West to northwest 5 to 7, increasing 7 to gale 8 by midday, with gusts to 50 knots, decreasing 4 to 6 by dawn.

Rough to very rough, locally high for a time in the evening.

Squally rain or hail showers risk of thunder.

Moderate to good, occasionally moderate to poor in showers.

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