

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 06:00 on Friday 04 Aug 2023 until 23:59 on Saturday 05 Aug 2023

Forecast Issued on Friday 04 Aug 2023 at 02:08 by Met Office Aberdeen

**Confidence:** High for mixed but not seasonally extreme conditions through the coming days.

**Headline for Friday 04 Aug 2023:** Mainly dry and occasionally bright for Friday with winds easing.

### Mountain weather hazards on Friday 04 Aug 2023

**Blizzards**

No Likelihood

**Heavy persistent snow**

No Likelihood

**Storm force winds**

No Likelihood

**Gales**

No Likelihood

**Severe chill effect**

Low Likelihood

**Poor visibility**

Low Likelihood

**Thunderstorms**

No Likelihood

**Heavy persistent rain**

No Likelihood

**Strong sunlight**

Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Cloudy	Cloudy	Sunny intervals	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
10%	10%	20%	20%	10%	<05%

### Forecast for Friday 04 Aug 2023

**Weather:** Rather cloudy overnight with showers or longer periods of light rain, but turning drier towards dawn as clouds break to bring some early brightness. Mainly dry through the day with occasional bright and sunny spells, however some scattered generally light showers will drift across the area. Cloud increasing from the west for the evening, but staying mainly dry.

**Chance of cloud-free hill tops above 800m:** 80-90% by day

**Low cloud and visibility:** Good or very good becoming moderate or poor temporarily in showers, very poor within cloud with bases infrequently lowering 700m.

**Forecast for Friday 04 Aug 2023**

Height (m)	Wind Speed mean/gusts (mph)							Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00							
<b>1000</b>	20/24 NW	12/16 NW	15/19 W	12/16 NW	9/12 W	6/7 SW	7/8 SE							
<b>900</b>	20/24 NW	12/16 NW	14/18 W	12/16 NW	9/13 W	5/7 SW	7/8 SE							
<b>600</b>	14/18 NW	10/13 NW	10/15 W	9/14 NW	8/11 W	4/5 SW	5/7 SE							
<b>300</b>	4/20 NW	3/13 NW	3/13 W	5/14 NW	4/10 W	1/4 SW	1/5 SE							
<b>Glen</b>	4/12 NW	5/10 W	7/11 W	8/13 W	6/10 W	2/5 S	3/5 SE							

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	3/-2	4/0	6/2	6/3	6/4	6/4	5/3
<b>900</b>	4/-1	5/1	7/3	7/4	7/4	6/5	6/4
<b>600</b>	6/3	8/5	10/7	10/8	10/8	9/8	8/7
<b>300</b>	9/8	10/10	13/12	13/12	13/12	11/11	10/10
<b>Glen</b>	12/11	13/12	14/13	16/14	15/14	13/13	13/13
<b>Freezing Level*</b>	1600m	1700m	1700m	1700m	1700m	1800m	1800m

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Cold initially at height in brisk summit winds. Risk sunburn in afternoon exposure.

**Forecast for Saturday 05 Aug 2023**

**Weather:** Mainly cloudy with occasional showers which will be focused towards the Great Glen with some slow moving.

**Maximum wind:** Variable 15 mph or less

**Chance of cloud-free hill tops above 800m:** 70%

**Low cloud and visibility:** Good becoming moderate or poor in showers, very poor within cloud with bases occasionally lowering 700m.

**Temperature:** **Glens:** Plus 7 Celsius increasing 16 Celsius during the afternoon

**At 800m:** Plus 4-5 Celsius

**Freezing level:** Above summits