

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 04 Aug 2023 until 23:59 on Saturday 05 Aug 2023

Forecast Issued on Friday 04 Aug 2023 at 02:08 by Met Office Aberdeen

Confidence: High for mixed but not seasonally extreme conditions through the coming days.

Headline for Friday 04 Aug 2023: Mainly dry and occasionally bright for Friday with winds easing.

Mountain weather hazards on Friday 04 Aug 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

Low Likelihood

Heavy persistent rain

No Likelihood

Storm force winds







No Likelihood

Poor visibility

Low Likelihood

Strong sunlight

Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Cloudy	Cloudy	Sunny intervals	Sunny intervals	Cloudy	Cloudy
Precipitation probability					
10%	10%	20%	20%	10%	<05%

Forecast for Friday 04 Aug 2023

Weather: Rather cloudy overnight with showers or longer periods of light rain, but turning drier towards dawn as clouds break to bring some early brightness. Mainly dry through the day with occasional bright and sunny spells, however some scattered generally light showers will drift across the area. Cloud increasing from the west for the evening, but staying mainly dry.

Chance of cloud-free hill tops above 800m: 80-90% by day

Low cloud and visibility: Good or very good becoming moderate or poor temporarily in showers, very poor within cloud with bases infrequently lowering 700m.

Forecast for Friday 04 Aug 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	20/24 NW	12/16 NW	15/19 W	12/16 NW	9/12 W	6/7 SW	7/8 SE
900	20/24 NW	12/16 NW	14/18 W	12/16 NW	9/13 W	5/7 SW	7/8 SE
600	14/18 NW	10/13 NW	10/15 W	9/14 NW	8/11 W	4/5 SW	5/7 SE
300	4/20 NW	3/13 NW	3/13 W	5/14 NW	4/10 W	1/4 SW	1/5 SE
Glen	4/12 NW	5/10 W	7/11 W	8/13 W	6/10 W	2/5 S	3/5 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-2	4/0	6/2	6/3	6/4	6/4	5/3
900	4/-1	5/1	7/3	7/4	7/4	6/5	6/4
600	6/3	8/5	10/7	10/8	10/8	9/8	8/7
300	9/8	10/10	13/12	13/12	13/12	11/11	10/10
Glen	12/11	13/12	14/13	16/14	15/14	13/13	13/13
Freezing Level*	1600m	1700m	1700m	1700m	1700m	1800m	1800m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Cold initially at height in brisk summit winds. Risk sunburn in afternoon exposure.

Forecast for Saturday 05 Aug 2023

Weather: Mainly cloudy with occasional showers which will be focused towards the Great Glen with some slow moving.

Maximum wind: Variable 15 mph or less

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Good becoming moderate or poor in showers, very poor within cloud with bases occasionally lowering 700m.

Temperature: **Glens:** Plus 7 Celsius increasing 16 Celsius during the afternoon

At 800m: Plus 4-5 Celsius

Freezing level: Above summits