

Issued by the Met Office at 0001 UTC on Tuesday 03 March 2009

Ser. No. 97

Inshore Waters Forecast to 12 miles offshore from 0001 UTC to 2359 UTC

#### General Situation

Deep and complex low near Iceland remains slow moving through Tuesday with a waving front moving southeast across United Kingdom waters.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

South or southwest 5 to 7 becoming variable 3 or 4 later.

Rain or showers, wintry in north.

Moderate or good, occasionally poor in north.

Rough or very rough but slight or moderate in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

South or southwest 5 to 7 decreasing 3 or 4 later.

Rain or showers.

Moderate or good.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest 4 or 5 backing south 5 or 6, occasionally 7 later.

Rain or showers.

Moderate or good.

Slight becoming moderate later.

Whitby to Gibraltar Point

24 hour forecast:

Southwest 4 or 5 backing south 6 or 7, perhaps gale 8 later.

Rain or showers.

Moderate or good.

Slight becoming moderate later.

Gibraltar Point to North Foreland

24 hour forecast:

Southwest 4 or 5 backing south 6 or 7, perhaps gale 8 later.

Rain or showers.

Slight or moderate, perhaps rough later.

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North Foreland to Selsey Bill

24 hour forecast:

Southwest 5 to 7, occasionally 4 at first, backing south 7 or gale 8, perhaps severe gale 9 later.

Rain or showers.

Moderate or good.

Slight or moderate becoming rough later.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest 5 to 7, occasionally 4 at first, backing south 7 or gale 8, veering west 5 or 6 later.

Rain or showers.

Moderate or good, occasionally poor later.

Slight or moderate becoming rough later.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 4 or 5 increasing 7 or gale 8, veering west 5 to 7 later.  
Rain or showers.  
Moderate or good, occasionally poor later.  
Slight or moderate becoming rough or very rough.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
Southwest 4 or 5 increasing 7 or gale 8, veering west 5 to 7 later.  
Rain or showers.  
Moderate or good, occasionally poor.  
Slight or moderate becoming rough, perhaps very rough in south later.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Southwest 4 or 5 increasing 6 or 7, occasionally gale 8 in south,  
veering west 5 or 6 later.  
Rain or showers.  
Moderate or good, occasionally poor.  
Slight or moderate becoming rough in south later.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Southwest 5 to 7, occasionally 4 at first, veering northwest 5 or 6  
later.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Isle of Man  
24 hour forecast:  
Southwest 5 to 7, occasionally 4 at first, veering northwest 5 or 6  
later.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southwest 5 to 7 veering west 4 or 5 later.  
Rain or squally showers.  
Moderate or good.  
Slight or moderate but rough, perhaps very rough, in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel  
24 hour forecast:  
Southwest 5 to 7 veering west or northwest 4 or 5 later.  
Rain then wintry showers.  
Moderate or good, occasionally poor later.  
Slight or moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southwest 5 to 7 veering west 4 or 5 later.  
Rain then squally showers.  
Moderate or good, occasionally poor later.  
Very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Southwest 5 to 7 backing south 4 or 5 later.  
Rain then squally showers.  
Moderate or good, occasionally poor later.  
Very rough or high but moderate or rough in Minches.

Shetland Isles

24 hour forecast:

Southwest 5 to 7 backing southeast 4 or 5 later.

Wintry showers.

Good, occasionally poor.

Rough becoming very rough but slight or moderate in east.

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