

Issued by the Met Office at 0500 UTC on Monday 03 August 2009

Ser. No. 20

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

A ridge of high pressure over eastern areas moves away eastwards as a deepening low becomes slow moving west of Ireland. The associated frontal troughs affect western and northern areas today, remaining areas on Tuesday.

From Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Variable becoming southeast 3 or 4 increasing 5 or 6.

Slight, increasing moderate later.

Rain later.

Good becoming moderate.

Outlook for the following 24 hours:

Southeasterly 5 to 7, becoming variable 3 or 4 in northwest.

Moderate or rough.

Occasional rain.

Moderate or good, occasionally poor.

Rattray Head to Berwick on Tweed - (SWW)

24 hour forecast:

Variable becoming southeast 3 or 4, increasing 5 or 6 later.

Slight, increasing moderate later.

Rain later.

Good becoming moderate.

Outlook for the following 24 hours:

Southeast 5 to 7, veering south 4 later.

Moderate or rough.

Occasional rain.

Moderate or good, occasionally poor.

Berwick on Tweed to Whitby - (SWW)

24 hour forecast:

South backing southeast 3 or 4, increasing 5 or 6 later.

Slight, increasing moderate later.

Rain later.

Good, becoming moderate later.

Outlook for the following 24 hours:

Southeast 5 to 7, veering south 4 later.

Moderate.

Occasional rain.

Moderate or good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

South backing southeast 3 or 4 increasing 4 or 5, occasionally 6 later.

Slight, increasing moderate later.

Rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southeast 5 or 6, veering south 4 or 5 later.

Slight or moderate.

Occasional rain.

Moderate or good.

Gibraltar Point to North Foreland

24 hour forecast:

Variable becoming south or southeast 3 or 4, occasionally 5 later.

Slight, occasionally moderate later.

Mainly fair.

Mainly good.

Outlook for the following 24 hours:

South or southeast 4 or 5.

Slight or moderate.

Occasional rain.

Moderate or good.

North Foreland to Selsey Bill

24 hour forecast:

South or southwest, backing southeast for a time, 3 or 4, increasing 5 at times.

Slight or moderate.

Showers later.

Mainly good.

Outlook for the following 24 hours:

Southerly 3 or 4, increasing 5 at times.

Slight.

Occasional rain.

Moderate or good.

Selsey Bill to Lyme Regis

24 hour forecast:

South or southeast 3 or 4, increasing 5 at times.

Slight or moderate.

Showers later.

Moderate or good.

Outlook for the following 24 hours:

South or southwest 3 or 4, increasing 5 at times.

Moderate.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southerly 4 or 5, occasionally 6 in west.

Slight or moderate, occasionally rough in west.

Occasional rain.

Good becoming moderate or poor.

Outlook for the following 24 hours:

South veering southwest, 4 or 5, occasionally 6 at first.

Moderate or rough.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southerly or southeasterly 4 or 5, occasionally 6 in west.

Slight or moderate, occasionally rough in northwest.

Occasional rain.

Good becoming moderate or poor.

Outlook for the following 24 hours:

South or southeast veering southwest 4 or 5, increasing 6 at times.

Moderate or rough.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

St Davids Head to Great Ormes Head, including St Georges Channel - (SWW)

24 hour forecast:

Southerly or southeasterly 5 or 6, occasionally 7 in west.

Slight or moderate, occasionally rough in southwest.

Occasional rain.

Good becoming moderate or poor.

Outlook for the following 24 hours:

Southeast veering southwest 5 or 6, decreasing 4 for a time.

Moderate or rough.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Great Ormes Head to the Mull of Galloway - (SWW)

24 hour forecast:

Southeast 4 or 5 increasing 5 to 7.

Slight or moderate, occasionally rough in northwest later.

Occasional rain.

Moderate or good.

Outlook for the following 24 hours:

Southeast veering south or southwest 5 or 6, decreasing 4 for a time.

Slight or moderate, occasionally rough in north.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Isle of Man - (SWW)

24 hour forecast:

South or southeast 4 or 5, occasionally 6.

Slight or moderate.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South 4 or 5 increasing 5 or 6.

Slight or moderate increasing moderate or rough.

Rain at first.

Moderate, occasionally poor, becoming good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

South or southeast 5 to 7.

Slight or moderate, occasionally rough in east.

Rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South or southeast 5 to 7, decreasing 4 for a time.

Moderate or rough, decreasing slight or moderate in northwest.

Rain or drizzle, fair later.

Moderate or poor becoming good.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel - (SWW)

24 hour forecast:

Southeasterly 5 to 7, but 4 in northeast at first.

Slight or moderate, increasing rough in west.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

South or southeast 5 or 6, decreasing 4 for a time.

Slight or moderate, but rough in west.  
Rain then showers, fair later.  
Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Southeasterly 5 to 7, but 4 in northeast at first.  
Slight or moderate, occasionally rough in west.  
Rain at times.  
Moderate or good.

Outlook for the following 24 hours:  
Southeasterly 5 to 7, decreasing 4 for a time.  
Moderate, occasionally rough in west.  
Rain then showers, fair later.  
Moderate or good.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides - (SWW)  
24 hour forecast:  
East or southeast 3 or 4 increasing 5 to 7, decreasing 4 at times in The Minch.  
Slight or moderate, occasionally rough in west.  
Occasional rain.  
Moderate or good.

Outlook for the following 24 hours:  
Southeast 5 to 7, veering south or southwest 4 or 5 for a time.  
Slight or moderate, occasionally rough in west.  
Rain then showers, fair later.  
Moderate or good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Monday 03 Aug 2009 at 0600 UTC until Monday 03 Aug 2009 at 1800 UTC

#### Shetland Isles

##### General Situation

Low near Iceland will fill as a ridge of High pressure extends north across the UK and topples into the North Sea today. A Low will develop West of Ireland and will deepen, drifting slowly northeast and pushing a series of fronts across the UK and North Sea.

Gale Warnings in operation for Sea Area Fair Isle: Nil

South or southwest 2 or 3 backing southeast 3 or 4.  
Slight or moderate.  
Mainly fair.  
Mainly good.

Outlook for 12 Hours from 1800 UTC on Monday 03 Aug until 0600 UTC on Tuesday 04 Aug:  
Southeast 3 or 4, increasing 5 or 6 later.  
Slight or moderate.  
Mainly fair.  
Mainly good.

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