

Issued by the Met Office at 0600 UTC on Friday 03 August 2007

Ser. No. 19

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

A ridge of high pressure will be slow moving across northern France. An active frontal system will cross Scotland and Northern Ireland during the period into northern England.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

South or southeast, backing southwest later, 5 to 7.

Rain at times.

Moderate occasionally poor.

Moderate, occasionally rough.

Outlook for the following 24 hours:

Southwest 5 to 7, perhaps gale 8.

Rain then showers.

Moderate or good, occasionally poor at first.

Moderate or rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly 3 or 4, increasing 5 or 6.

Occasional rain.

Moderate or good, occasionally poor in rain.

Slight increasing moderate, occasionally rough later.

Outlook for the following 24 hours:

South or southwest 5 or 6.

Rain or showers.

Moderate or good, occasionally poor at first.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

West 3 or 4, soon backing south and increasing 5 or 6.

Occasional rain later.

Moderate or good.

Slight increasing moderate, occasionally rough later.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first.

Rain or showers.

Moderate or good.

Moderate, occasionally rough at first.

Whitby to Gibraltar Point

24 hour forecast:

West 3 or 4 soon backing south 5, occasionally 6.

Fair.

Good.

Slight, occasionally moderate later.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first.

Rain or showers.

Moderate or good.

Slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

West 3 or 4 backing south or southwest and increasing occasionally 5.

Fair.

Good.

Slight, occasionally moderate later.

Outlook for the following 24 hours:

Southwest 3 or 4, occasionally 5 at first.

Fair.

Good.

Slight or moderate.

North Foreland to Selsey Bill

24 hour forecast:

Variable becoming southwest, 3 or 4.

Fair.

Good.

Slight.

Outlook for the following 24 hours:

South or southwest 3 or 4.

Fair.

Good.

Slight.

Selsey Bill to Lyme Regis

24 hour forecast:

Variable becoming southwest, 3 or 4.

Fair.

Good.

Slight.

Outlook for the following 24 hours:

South or southwest 3 or 4.

Fair.

Good.

Slight.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Variable, soon becoming southwesterly 3 or 4, occasionally 5 later in west.

Fair.

Good.

Slight, occasionally moderate later.

Outlook for the following 24 hours:

Southwesterly 3 or 4, occasionally 5 in west.

Occasional rain later in west.

Goodbut moderate in rain.

Slight or moderate.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest 3 or 4, increasing 5, occasionally 6 later.

Occasional rain later.

Good, occasionally moderate in rain.

Slight becoming moderate, occasionally rough later.

Outlook for the following 24 hours:

Southwest 5 or 6, veering northwest 3 to 4 later.

Occasional rain.

Moderate or good.

Moderate, occasionally rough at first.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southwesterly 3 or 4, increasing 5 to 7.

Occasional rain later.

Good, occasionally moderate in rain.

Slight becoming moderate, occasionally rough later.

Outlook for the following 24 hours:

Southwesterly 5 to 7, becoming variable 3 or 4 later.

Occasional rain.

Moderate or good.

Moderate, occasionally rough at first.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Southwest 3 or 4, increasing 5 to 7.

Occasional rain.

Good, occasionally moderate in rain.

Slight becoming moderate, occasionally rough later.

Outlook for the following 24 hours:

Southwest 5 to 7, becoming variable 3 or 4 later.

Rain at times.

Moderate or good, occasionally poor in rain.

Moderate, occasionally rough at first.

Isle of Man

24 hour forecast:

South to southwest 4 increasing 5 or 6, occasionally 7, then decreasing 4 or 5, occasionally 6 overnight.

Fair then rain.

Good becoming moderate or poor at times.

Sight becoming moderate or rough.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first, decreasing 3 or 4 and then backing south later.

Rain at times.

Moderate or good, occasionally poor.

Moderate or rough, becoming slight later.

Lough Foyle to Carlingford Lough

24 hour forecast:

South 3 or 4, increasing 5 to 7.

Occasional rain.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough later.

Outlook for the following 24 hours:

South or southwest 5 to 7, occasionally gale 8 in west at first, decreasing 3 or 4 in east later.

Rain at times.

Moderate or good, occasionally poor.

Moderate, occasionally rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

South or southwest 4, increasing 5 to 7.

Occasional rain.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough later.

Outlook for the following 24 hours:  
South or southwest 5 to 7, decreasing 3 or 4 later.  
Rain at times.  
Moderate or good, occasionally poor.  
Moderate, occasionally rough at first.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
South or southwest 5 to 7.  
Rain.  
Moderate or good, becoming moderate or poor.  
Moderate becoming rough, occasionally very rough in west later.

Outlook for the following 24 hours:  
South or southwest 5 to 7.  
Rain or showers.  
Moderate or good, occasionally poor at first.  
Moderate or rough, occasionally very rough in west.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
South or southwest 5 to 7, perhaps gale 8.  
Rain.  
Moderate or good, becoming moderate or poor.  
Slight or moderate, becoming moderate or rough, occasionally very rough in west.

Outlook for the following 24 hours:  
Southwest 5 to 7, perhaps gale 8.  
Rain then showers.  
Moderate or good, occasionally poor at first.  
Rough or very rough.

Shetland Isles  
24 hour forecast:  
South or southwest 3 or 4 increasing 5 to 7, perhaps gale 8 later.  
Fair then rain.  
Moderate or good, occasionally poor in rain.  
Moderate or rough.

Outlook for the following 24 hours:  
South or southwest 5 to 7, perhaps gale 8.  
Rain then showers.  
Moderate or good, occasionally poor at first.  
Moderate or rough.

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