

From the Met Office. Issued at 2330 GMT on Thursday 12 Oct 2006.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: high pressure over Scandinavia will extend east across the UK, giving settled conditions in most places, albeit with poor visibility at times. The exception is in northwest Scotland where strong winds will continue.

From Cape Wrath to Duncansby Head including Orkney.  
Wind: south 4 or 5, occasionally 6 later near Orkney.  
fair.  
Visibility: good.

Shetland.  
Wind: south 4 or 5, occasionally 6 later.  
fair.  
Visibility: good.

From Duncansby Head to Whitby.  
Wind: south 3 or 4, occasionally 5 in north later.  
fair.  
Visibility: moderate or good with fog patches.

From Whitby to North Foreland.  
Wind: variable 3 or less, becoming east or southeast 3 or 4.  
fair.  
Visibility: moderate or poor with fog patches.

From North Foreland to St. Catherine's Point.  
Wind: variable 3 or less, becoming east 4.  
fair.  
Visibility: moderate or good.

From St. Catherine's Point to Lands End.  
Wind: south 3 or less, backing southeast 4.  
fair.  
Visibility: mainly good.

From Lands End to Colwyn Bay.  
Wind: south backing southeast 3 or 4.  
fair.  
Visibility: moderate, occasionally poor.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.  
Wind: south backing southeast 4 or 5, occasionally 6 later in North Channel  
fair.  
Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.  
Wind: south or southeast 5 or 6, occasionally 7 around Outer Hebrides.  
fair.  
Visibility: good.