

Issued by the Met Office at 1800 UTC on Monday 04 February 2008

Ser. No. 89

Inshore Waters Forecast to 12 miles offshore from 1800 UTC to 1800 UTC

#### General Situation

The deep and complex Atlantic low to the northwest of Scotland will drift slowly northwest towards Iceland, while a deep Atlantic low will move northeast expected northwest Scotland by midday tomorrow.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southerly 6 or 7, occasionally gale 8 in north, later backing northwesterly 5 or 6.

Squally showers, occasional rain later.

Good becoming moderate.

Moderate or rough, becoming slight in Moray Firth later.

Outlook for the following 24 hours:

Northerly backing westerly 5 or 6, increasing 7 for a time.

Rain or westerly showers.

Moderate or good.

Moderate or rough, occasionally slight in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly 5 or 6, occasionally 7 in north, becoming cyclonic 4 or 5 then westerly 6 or 7.

Squally showers, rain later.

Good becoming moderate.

Moderate occasionally rough in north.

Outlook for the following 24 hours:

Westerly 6 or 7 decreasing 4 or 5.

Occasional rain, then showers.

Moderate or good.

Moderate becoming slight.

Berwick on Tweed to Whitby

24 hour forecast:

Southwesterly 5 or 6, backing southerly 7 or gale 8, later veering westerly 5 to 7.

Mainly fair, rain for a time later.

Good becoming moderate.

Moderate, occasionally rough later.

Outlook for the following 24 hours:

Westerly 5 to 7 decreasing 4 or 5.

Showers.

Good.

Moderate or rough becoming slight.

Whitby to Gibraltar Point

24 hour forecast:

Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 5 to 7.

Mainly fair, rain for a time later.

Good becoming moderate.

Moderate, occasionally rough later.

Outlook for the following 24 hours:

Southwest veering west 5 to 7, later decreasing 4.

Showers.  
Good.  
Moderate or rough becoming slight.

Gibraltar Point to North Foreland  
24 hour forecast:  
Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 5 to 7.  
Mainly fair, rain for a time later.  
Good becoming moderate.  
Moderate, occasionally rough later.

Outlook for the following 24 hours:  
Southwest veering west 5 to 7, decreasing 4 or 5 later.  
Showers.  
Good.  
Moderate or rough becoming slight.

North Foreland to Selsey Bill  
24 hour forecast:  
Southwest 5 or 6 backing south 6 to gale 8, later veering southwest 5 to 7.  
Showers, rain later.  
Good becoming moderate or poor.  
Moderate becoming rough.

Outlook for the following 24 hours:  
Southwest veering west 5 to 7, decreasing 3 or 4 later.  
Showers at first.  
Good.  
Rough becoming slight.

Selsey Bill to Lyme Regis  
24 hour forecast:  
Southwest 5 or 6 backing south 6 to gale 8, later veering southwest 5 to 7.  
Showers, rain for a time later.  
Good, becoming moderate or poor in rain.  
Moderate becoming rough or very rough.

Outlook for the following 24 hours:  
Southwest veering west 5 to 7, decreasing 3 later.  
Showers at first.  
Good.  
Rough becoming slight or moderate.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 6 or 7.  
Squally showers then rain for a time.  
Good, becoming moderate or poor in rain.  
Moderate or rough, becoming very rough in west and occasionally high around Isles of Scilly later.

Outlook for the following 24 hours:  
Southwest 6 or 7 veering northwest 3 or 4, later backing south.  
Showers then fair, occasional rain later.  
Mainly good.  
Rough or very rough, occasionally high around Isles of Scilly, becoming moderate or rough.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:

Southwest backing south for a time, 5 or 6 increasing 6 to gale 8.  
Squally showers, then rain for a time.  
Good becoming moderate or poor in rain.  
Moderate or rough becoming rough or very rough.

Outlook for the following 24 hours:

Southwest 6 to gale 8 veering northwest 3 or 4, later backing south 4 or 5.

Squally showers then fair, occasional rain later.

Mainly good.

Rough or very rough becoming moderate or rough.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:

Southwest backing south for a time, 5 or 6 increasing 6 to gale 8.

Squally showers, then rain for a time.

Good becoming moderate or poor in rain.

Moderate or rough becoming rough or very rough.

Outlook for the following 24 hours:

Southwest 6 to gale 8 veering northwest 3 or 4, later backing south 4 or 5.

Showers then fair, occasional rain later.

Mainly good.

Rough or very rough becoming moderate.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:

Southwest backing southeast for a time, 5 increasing 6 to gale 8 or gale 8, later veering west 4.

Squally showers, then rain for a time.

Good becoming moderate or poor in rain.

Moderate becoming rough.

Outlook for the following 24 hours:

West 4 veering northwest 5 or 6, later backing southwest 3 or 4.

Showers then fair, occasional rain later.

Mainly good.

Moderate or rough becoming slight.

Isle of Man

24 hour forecast:

Southwest 5 or 6 backing southeast 6 or 7, veering southwest 6 to gale 8 then west 6 later.

Rain at times.

Moderate or good, occasionally poor.

Moderate or rough, perhaps very rough at times.

Outlook for the following 24 hours:

West veering northwest 5 or 6, occasionally 7, backing west 4 or 5 then south 6 later.

Showers, rain later.

Moderate or good, occasionally poor later.

Moderate or rough.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southwesterly becoming cyclonic 5 or 6, increasing 7 or perhaps gale 8 later in south, veering west 3 or 4 tomorrow afternoon.

Squally showers, then rain for a time later.

Moderate or good, occasionally poor later.

Moderate or rough.

Outlook for the following 24 hours:

West 3 or 4 veering northwest 5 or 6, later backing south 4.  
Showers.  
Good.  
Moderate occasionally rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel

24 hour forecast:  
Southwesterly becoming cyclonic 5 to 7, later becoming northwest 4.  
Squally showers, then rain for a time later.  
Moderate or good, occasionally poor later.  
Moderate or rough.

Outlook for the following 24 hours:  
Northwest 4 increasing 5 or 6, later backing southwest 3 or 4.  
Showers.  
Good.  
Moderate occasionally rough.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southwest 6 or 7, backing northwest 4.  
Squally showers, occasional rain later.  
Good, occasionally moderate in rain.  
Rough or very rough becoming moderate or rough.

Outlook for the following 24 hours:  
Northwest 4 increasing 6 or 7, later backing southwest 3 or 4.  
Occasional rain then wintry showers.  
Moderate or good.  
Moderate or rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Southwest 6 to gale 8 backing northwest 4 or 5 later.  
Squally showers, occasional rain in south later.  
Good, occasionally moderate in rain.  
Rough or very rough becoming moderate or rough.

Outlook for the following 24 hours:  
Northwest 4 or 5 increasing 6 or 7, later backing south 3 or 4.  
Wintry showers with occasional rain in south at first.  
Moderate or good.  
Moderate or rough, locally slight in sheltered inlets.

Shetland Isles  
24 hour forecast:  
South veering southwest 6 to gale 8, becoming variable 3 or 4 then  
northeast 4 or 5 later.  
Rain or showers.  
Moderate or good.  
Rough or very rough.

Outlook for the following 24 hours:  
Northeast 4 or 5 backing northwest 6 to gale 8.  
Wintry showers.  
Good.  
Rough occasionally moderate.

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