

Issued by the Met Office at 0500 UTC on Thursday 05 March 2020

Ser. No. 14

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Thursday 05 March to 0600 UTC Friday 06 March 2020

#### General Situation

A deepening area of low pressure will drift eastwards through the English Channel today before moving into the Continent overnight, this bringing strong winds or gales to English Channel coasts. Further north, slack pressure gradients will bring quiet conditions during the next couple of days.

Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southwesterly 3 or 4, occasionally 5 in north.  
Smooth or slight in south, moderate or rough in north.  
Showers, mainly in north, where wintry.  
Good, occasionally poor in north.

Outlook for the following 24 hours:

South or southwest 3 or 4, occasionally 5 later.  
Smooth or slight in south, moderate or rough in north.  
Showers, occasionally wintry.  
Good, occasionally moderate.

Rattray Head to Berwick upon Tweed

24 hour forecast:

South or southwest 3 or 4.  
Smooth or slight.  
Showers.  
Good.

Outlook for the following 24 hours:

Southwest 3 or 4, occasionally 5 later.  
Smooth or slight.  
Showers at first.  
Good.

Berwick upon Tweed to Whitby

24 hour forecast:

Variable 3 or less.  
Smooth or slight.  
Mainly fair.  
Good.

Outlook for the following 24 hours:

Variable 3 or 4, becoming southwest 4 or 5 later.  
Smooth or slight.  
Mainly fair.  
Good.

Whitby to Gibraltar Point

24 hour forecast:

Northeasterly 4 or 5 until later in south, otherwise variable 3 or less.  
Slight.  
Showers.  
Good.

Outlook for the following 24 hours:

Variable 3 or less, becoming southwest 4 or 5 later.  
Slight.  
Showers at first.  
Good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Easterly or northeasterly, backing northerly, 4 to 6, then backing northwesterly 3 or 4 later.

Slight, becoming slight or moderate.

Occasional rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Northwesterly, backing westerly or southwesterly later, 3 or 4, increasing 5 at times.

Slight or moderate, becoming smooth or slight.

Showers at first.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Northeasterly backing northwesterly, 4 or 5, increasing 6 or 7 for a time.

Slight or moderate, occasionally rough for a time in east.

Rain or drizzle, fog patches at first, showers later.

Moderate, occasionally very poor at first, becoming good later.

Outlook for the following 24 hours:

Northwesterly 3 to 5, becoming variable 3 or less, then westerly 4 or 5 later.

Slight or moderate, becoming smooth or slight for a time.

Showers.

Good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Northeast backing northwest, 5 to 7, decreasing 3 or 4 later.

Slight or moderate, becoming smooth or slight later.

Rain or drizzle then showers.

Moderate or poor, becoming mainly good.

Outlook for the following 24 hours:

Variable 3 or 4, becoming northwesterly, then backing southwesterly later, 4 or 5, but 6 or 7 for a time in far west.

Smooth or slight, becoming slight or moderate.

Showers, fair later.

Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

North or northeast, backing northwest, 5 to 7, increasing gale 8 at times, decreasing mainly 4 for a time.

Slight or moderate east of the Lizard, otherwise moderate or rough, occasionally very rough later near the Isles of Scilly.

Rain or drizzle then showers, perhaps thundery later.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Northwest 6 to gale 8, decreasing 4 or 5, then backing southwest later.

Mainly slight or moderate east of the Lizard, otherwise rough or very rough, becoming moderate or rough.

Showers, occasional drizzle later.

Good, occasionally poor later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Northeasterly 5 or 6, occasionally 7 in south, backing northwesterly 4 or 5, then becoming cyclonic 5 to 7, perhaps gale 8 later.

Moderate or rough near Cornwall, otherwise slight or moderate.

Occasional rain then showers, perhaps thundery later.  
Good, occasionally moderate.

Outlook for the following 24 hours:

Cyclonic, mainly northwest, 5 to 7, occasionally gale 8 at first, backing southwest 4 to 6 later.

Slight or moderate in Bristol Channel, otherwise moderate or rough, occasionally very rough near Cornwall.

Showers, drizzle later.

Moderate or good, occasionally poor later.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Northeast 4 or 5, becoming variable 3 or 4, then northwest 5 or 6 later.

Slight or moderate, occasionally smooth in north.

Showers, perhaps thundery later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest backing west, then southwest later, 4 to 6.

Slight or moderate, occasionally rough at first near St Davids Head.

Showers, rain or drizzle later.

Moderate or good, occasionally poor later.

Great Orme Head to the Mull of Galloway

24 hour forecast:

Variable 3 or 4.

Smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

Variable 3 or 4, becoming west, then backing southwest later, 4 to 6.

Smooth or slight, becoming slight or moderate.

Showers, rain or drizzle later.

Good, becoming moderate or poor later.

Isle of Man

24 hour forecast:

Variable 2 or 3, becoming south or southwest 3 or 4 later.

Smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

South or southwest 3 or 4, veering west or northwest 4 or 5, occasionally 6 later.

Smooth or slight, becoming slight or moderate.

Showers, rain at times.

Good, occasionally moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Variable 3 or less, becoming south or southwest 3 or 4.

Moderate or rough in far north, otherwise smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

South or southwest 3 or 4, veering west, then backing south later, 4 to 6.

Smooth or slight, occasionally moderate, but moderate or rough west of Rathlin island.

Showers, rain or drizzle later.

Good, becoming moderate or poor later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel

24 hour forecast:

Southerly or southwesterly 3 or 4.

Smooth or slight, occasionally moderate in North Channel.

Showers.

Good.

Outlook for the following 24 hours:

Southerly or southwesterly 3 or 4, veering westerly, then backing southerly later, 4 to 6.

Slight or moderate near the Mull of Kintyre, otherwise smooth or slight, becoming slight or moderate later.

Showers, rain or drizzle later.

Good, becoming moderate or poor later.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southwest, backing south or southeast later, 3 or 4, increasing 5 at times.

Slight in shelter, otherwise moderate or rough.

Showers.

Good.

Outlook for the following 24 hours:

South or southeast 3 to 5, veering west 4 to 6, then backing south 5 to 7 later.

Slight in shelter, otherwise moderate or rough.

Showers, rain or drizzle later.

Good, becoming moderate or poor later.

The Minch

24 hour forecast:

Southwest 4 or 5, backing south 3 or 4 later.

Smooth or slight in central areas, otherwise slight or moderate.

Showers, occasionally wintry in north.

Good, occasionally moderate.

Outlook for the following 24 hours:

South, veering west for a time, 3 to 5, increasing 6 or 7 later.

Smooth or slight until later in central areas, otherwise slight or moderate.

Showers, occasionally wintry, rain later.

Moderate or good, occasionally poor later.

Ardnamurchan Point to Cape Wrath

24 hour forecast:

Southwest 4 or 5, backing south 3 or 4 later.

Rough, occasionally moderate.

Showers, occasionally wintry in north.

Good, occasionally moderate.

Outlook for the following 24 hours:

South, veering west for a time, 3 to 5, increasing 6 or 7 later.

Moderate or rough.

Showers, occasionally wintry, rain later.

Moderate or good, occasionally poor later.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Thursday 05 Mar 2020 at 0600 UTC until Thursday 05 Mar 2020 at 1800 UTC

Shetland Isles

General Situation

Complex low near Iceland maintains a showery southwesterly airstream across

Shetland waters.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Nil

Southwest 4 or 5

Moderate or rough, but slight in sheltered eastern waters

Showers

Mainly good

Outlook for 12 Hours from 1800 UTC on Thursday 05 Mar until 0600 UTC on Friday 06 Mar:

Southwest veering west 4 or 5

Moderate or rough, but slight in sheltered eastern waters

Showers

Mainly good

Channel Islands - (SWW)

24 hour forecast:

Easterly 2 to 4, becoming cyclonic 4 to 6 by mid morning, becoming north to northwest 6 to 7 mid afternoon, decreasing 4 to 5 by midnight, then becoming mainly westerly 2 to 4, occasionally 5, becoming northwest 5 to 7 later in the far west of the area.

Slight with a low swell, increasing moderate to rough by noon, decreasing slight to moderate with a low swell by midnight.

Rain, locally heavy, with mist or fog patches at times, mainly early in the day, clearing southeastwards to isolated showers from late morning, becoming fair or fine by midnight with showery rain returning from the west during the early hours.

Mainly moderate to poor, locally very poor at first, becoming mainly good from the northwest from late morning.

Outlook for the following 24 hours:

West to northwest 3 to 5 until mid morning in the east of the area, otherwise 5 to 7, decreasing 4 later.

Slight to moderate with a low swell, increasing moderate to rough by noon, decreasing slight to moderate with a low to moderate swell overnight.

Showery rain becoming isolated showers by early afternoon, then becoming fair or fine by mid evening, showery rain returning to all but the far southeast during the early hours.

Moderate to good.

(c) Crown Copyright 2020