

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 07 Aug 2023 until 23:59 on Tuesday 08 Aug 2023

Forecast Issued on Sunday 06 Aug 2023 at 11:32 by Met Office Aberdeen

Confidence: High confidence for a showery start to the week, soon becoming drier and brighter.

Headline for Monday 07 Aug 2023: Cloudy with sunny spells and scattered showers.

Mountain weather hazards on Monday 07 Aug 2023

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

No Likelihood

Poor visibility

Low Likelihood

Thunderstorms

Low Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Light rain showers	Light rain showers	Light rain showers	Sunny intervals
Precipitation probability							
10%	20%	30%	30%	30%	50%	50%	30%

Forecast for Monday 07 Aug 2023

Weather: Dry with clear spells over inland ranges but cloudy with scattered showers over coastal ranges overnight. Coastal showers spread inland during the morning leaving sunny spells interspersed with showers well into the evening.

Chance of cloud-free hill tops above 800m: 40%

Low cloud and visibility: Cloud will be broken 500-700m throughout the day with visibility good away from cloud and showers.

Forecast for Monday 07 Aug 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/10 SW	12/15 SW	14/17 SW	14/20 W	14/21 W	14/21 W	14/19 W	12/17 W	12/17 W
900	8/10 SW	11/14 SW	13/17 SW	13/19 W	14/20 W	14/20 W	13/18 W	12/16 W	12/16 W
600	6/8 SW	8/11 SW	9/13 SW	10/16 W	11/18 W	11/18 W	9/15 W	7/13 W	7/13 W
300	1/7 SW	2/10 SW	3/11 W	5/15 W	6/17 W	6/16 W	4/13 W	3/12 W	3/12 W
Glen	1/4 S	3/7 W	2/7 W	7/13 W	9/16 W	6/13 W	6/12 SW	4/9 W	3/7 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/2	5/1	5/1	5/1	7/3	6/2	6/2	5/1	4/1
900	6/3	6/2	6/2	6/2	8/4	7/4	7/3	6/2	5/2
600	8/7	8/6	8/5	9/6	10/8	9/7	9/7	8/6	8/5
300	10/10	10/9	10/10	12/11	13/12	12/11	12/11	10/9	9/9
Glen	13/13	12/12	12/12	14/13	15/14	14/13	14/13	13/12	12/12
Freezing Level*	1800m	1700m	1700m	1700m	1800m	1800m	1700m	1700m	1600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Nothing to add.

Forecast for Tuesday 08 Aug 2023

Weather: After a dry start showers build through the morning, these mainly across northern ranges and interspersed with sunny spells. These showers clear from the late afternoon to leave a dry and bright evening.

Maximum wind: West 15-20mph.

Chance of cloud-free hill tops above 800m: 60%

Low cloud and visibility: Broken cloud 600-700m will become patchy towards the evening. The visibility will be good away from the cloud and showers.

Temperature: **Glens:** Plus 6 Celsius rising to plus 17Celsius.
At 800m: Plus 5 Celsius.
Freezing level: Above the summits.