

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
 Forecast valid from 06:00 on Wednesday 05 Jul 2023 until 23:59 on Thursday 06 Jul 2023

Forecast Issued on Wednesday 05 Jul 2023 at 02:55 by Met Office Aberdeen

**Confidence:** Generally high confidence for much of the forecast but low for timing of rain later Thursday and early Friday, and strength of winds Friday and Saturday.

**Headline for Wednesday 05 Jul 2023:** Light winds, sunny spells and a few showers.

### Mountain weather hazards on Wednesday 05 Jul 2023

**Blizzards**  
No Likelihood

**Heavy persistent snow**  
No Likelihood

**Storm force winds**  
No Likelihood

**Gales**  
No Likelihood

**Severe chill effect**  
No Likelihood

**Poor visibility**  
Low Likelihood

**Thunderstorms**  
No Likelihood

**Heavy persistent rain**  
No Likelihood

**Strong sunlight**  
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals
Precipitation probability					
20%	20%	20%	20%	20%	10%

### Forecast for Wednesday 05 Jul 2023

**Weather:** Sunny spells with a few showers breaking out by mid-morning, but western coastal hills largely dry with good sunny spells. Showers dying out through the evening with some clear spells overnight.

**Chance of cloud-free hill tops above 800m:** 30% early to mid-morning, then rising to 80%

**Low cloud and visibility:** Generally good visibility outside of any low cloud. Cloud bases 500-600m around dawn, most extensive in the east, patchy towards the west coast. Cloud bases rising through the morning, to be mainly above the summits by midday.

**Forecast for Wednesday 05 Jul 2023**

Height (m)	Wind Speed mean/gusts (mph)			Wind Direction (blowing from)			
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	6/8 S	8/11 SW	11/16 SW	18/25 SW	19/25 SW	19/24 SW	20/26 S
<b>900</b>	6/8 S	8/11 SW	11/16 SW	19/26 SW	19/25 SW	18/24 SW	20/26 S
<b>600</b>	5/7 SW	7/10 SW	10/14 SW	16/22 SW	14/20 SW	13/19 SW	14/20 S
<b>300</b>	1/5 SW	4/9 SW	6/14 SW	10/22 SW	6/19 SW	4/17 SW	4/18 S
<b>Glen</b>	1/2 SE	5/8 W	6/11 W	11/19 SW	7/16 SW	6/16 S	7/17 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	4/2	5/2	7/4	7/3	6/1	5/0	5/-0
<b>900</b>	5/2	6/3	8/5	8/4	6/2	6/1	6/1
<b>600</b>	7/6	9/7	10/8	10/7	9/6	8/5	8/5
<b>300</b>	10/9	12/11	14/12	14/12	12/11	10/10	10/9
<b>Glen</b>	12/12	14/13	16/15	15/13	14/13	13/12	12/11
<b>Freezing Level*</b>	1500m	1600m	1700m	1700m	1800m	1700m	1700m

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Driest, sunniest conditions on the west coast. Moderate to high UV levels so sun protection is recommended.

**Forecast for Thursday 06 Jul 2023**

**Weather:** Mainly dry through the early hours with some clear spells, a few showers along the west coast. Cloud will thicken through the morning and early afternoon, giving a few showers. Cloud lowers in the evening with strengthening winds and rain spreading in from the south.

**Maximum wind:** South 10-15 mph, gusting 20 mph. Becoming Southeast 20 gusting 30 mph late afternoon, perhaps 40 mph across higher summits late evening.

**Chance of cloud-free hill tops above 800m:** 80% through daylight hours. Falling to 30% late evening.

**Low cloud and visibility:** Cloud bases around 800m early morning, but soon rising to give very good visibility with cloud generally above the summits. Extensive cloud lowering to 900m late evening.

**Temperature:** **Glens:** Plus 9 Celsius rising to 16 Celsius  
**At 800m:** Plus 6 Celsius rising to 9 Celsius  
**Freezing level:** Above the summits.