

From the Met Office. Issued at 2330 GMT on Wednesday 01 Aug 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: A ridge of high pressure across the southeast of the UK will move away during the early part of the period, as a cold front across central areas moves southeastwards. A further ridge currently to the west of Ireland will move east during the period. Further Atlantic frontal system spreading into northwest later.

From Cape Wrath to Duncansby Head including Orkney.

Wind: Westerly 4 or 5, occasionally 6 near Orkney and Cape Wrath at first, decreasing 3 or 4 for time, backing southwesterly 4 or 5 later.

Showers.

Visibility: Mainly good.

Shetland.

Wind: Southwest 5 or 6 veering west 4 or 5, then backing southwest 3 later.

Showers, then mainly fair later.

Visibility: Mainly good.

From Duncansby Head to Whitby.

Wind: Westerly 3 or 4, occasionally 5 at first.

Showers.

Visibility: Mainly good.

From Whitby to North Foreland.

Wind: Variable 3 or 4.

Showers.

Visibility: Mainly good.

From North Foreland to St. Catherine's Point.

Wind: Northwest backing west 3 or 4, occasionally 5 in east .

Showers.

Visibility: Mainly good.

From St. Catherine's Point to Lands End.

Wind: West or northwest 3 or 4, occasionally 5 in west.

Showers, then fair later.

Visibility: Mainly good.

From Lands End to Colwyn Bay.

Wind: West or northwest 3 or 4, occasionally 5 later.

Showers.

Visibility: Mainly good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: West or northwest 3 or 4, backing southwest later and increasing occasionally 5.

Showers, then rain later in north.

Visibility: Mainly good, but moderate in rain.

From Mull of Kintyre to Cape Wrath.

Wind: West 4 or 5, occasionally 6 in north at first, backing southwest later.

Showers, then rain later.

Visibility: Mainly good, but moderate in rain.