

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 03 May 2024 until 23:59 on Saturday 04 May 2024









Forecast Issued on Thursday 02 May 2024 at 13:52 by Met Office Aberdeen

Confidence: High confidence for Friday, moderate confidence for Saturday, but low confidence from Sunday onwards.

Headline for Friday 03 May 2024: Mostly dry by day with sunny spells. Low cloud and showers arrive in the far east after dusk.

Mountain weather hazards on Friday 03 May 2024

Blizzards No Likelihood	Heavy persistent snow No Likelihood	Storm force winds No Likelihood
Gales No Likelihood	Severe chill effect No Likelihood	Poor visibility No Likelihood
Thunderstorms No Likelihood	Heavy persistent rain No Likelihood	Strong sunlight High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Clear night	Sunny	Sunny	Sunny	Sunny	Sunny intervals	Sunny intervals	Heavy rain showers
Precipitation probability							
00%	00%	00%	00%	00%	00%	10%	30%

Forecast for Friday 03 May 2024

Weather: A mostly dry day with sunny spells, but a few heavy showers arriving in eastern Caithness and Sutherland through the evening. Mainly clear through the day, with some patches of low cloud or fog forming overnight on eastern-facing upslopes. This soon clearing after dawn to leave long bright or sunny spells. Low cloud arrives from the east into eastern Caithness and Sutherland from the late evening with outbreaks of rain or drizzle.

Chance of cloud-free hill tops above 800m: Generally above 90%, but falling to 30% or less in eastern Caithness and Sutherland after dark.

Low cloud and visibility: Generally clear with excellent visibilities, perhaps some patchy low cloud or fog in a few prone spots before dawn, but this soon clearing. Low cloud arrives into eastern Caithness and Sutherland later, with bases down to 200-300m and very poor visibilities in drizzle or hill fog.

Forecast for Friday 03 May 2024

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	37/46 E	34/42 E	35/44 E	39/49 E	35/46 E	25/34 E	20/29 E	19/26 E	17/24 E
900	37/46 E	34/42 E	34/43 E	36/47 E	34/46 E	25/34 E	21/30 E	20/27 E	17/25 E
600	27/38 E	24/34 E	24/34 E	25/37 E	26/39 E	19/30 E	16/26 E	16/25 E	15/23 E
300	9/32 E	8/30 E	8/29 E	9/30 E	13/34 E	11/26 E	9/22 E	9/21 E	9/20 E
Glen	22/40 E	20/36 E	18/34 E	18/35 E	19/35 E	15/27 E	14/24 E	14/22 E	13/20 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/0	6/1	7/1	7/1	8/3	9/5	8/4	7/3	5/1
900	7/1	7/1	7/2	8/2	9/4	10/6	9/5	7/3	6/2
600	10/5	9/5	10/5	11/7	12/8	13/9	11/8	10/6	8/5
300	9/7	9/7	9/7	13/11	15/12	16/13	13/12	10/8	8/6
Glen	13/9	12/9	12/9	16/12	18/14	19/16	17/14	14/11	12/10
Freezing Level*	2100m	2100m	2100m	2200m	2400m	2400m	2400m	2400m	2300m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Prolonged sunshine may require suitable eyewear and skin protection.

Forecast for Saturday 04 May 2024

Weather: Extensive low cloud in eastern areas with outbreaks of rain or drizzle at times. Dry with bright or sunny spells by day in the west, particularly towards Torridon and Skye. Perhaps a few heavier showers at times with a low chance of thunder towards the northwest.

Maximum wind: Light east or south-easterly winds, gusts 15-20mph on the highest summits.

Chance of cloud-free hill tops above 800m: 70% in the west, the best chances in the morning and early afternoon. 30% in the east.

Low cloud and visibility: Widespread, extensive cloud down to 200-300m with poor visibility in hill fog or outbreaks of rain or drizzle. Clear summits in the west with broken cloud to 1000m or higher.

Temperature: **Glens:** Plus 8 rising to plus 14 Celsius.
At 800m: Plus 7 rising to plus 11 Celsius.
Freezing level: Above summits.