

From the Met Office. Issued at 0530 GMT on Wednesday 01 Aug 2007.

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 18 hours.

General Situation: Low pressure will move slowly northeastwards just east of Iceland with associated weakening rain band moving southeast over the British Isles.

From Cape Wrath to Duncansby Head including Orkney.

Wind: west or southwest 5 to 7.

showers.

Visibility: moderate or good.

Shetland.

Wind: south or southwest 5 to 7.

rain or showers.

Visibility: moderate or good.

From Duncansby Head to Whitby.

Wind: mainly southwesterly 4 or 5, occasionally 6 in far north.

occasional rain or showers.

Visibility: moderate or good.

From Whitby to North Foreland.

Wind: mainly south or southwest veering northwest 3 or 4.

occasional rain in north, mainly fair in south.

Visibility: good, occasionally moderate in rain in north.

From North Foreland to St. Catherine's Point.

Wind: variable or easterly 3 or 4.

mainly fair.

Visibility: mainly good.

From St. Catherine's Point to Lands End.

Wind: mainly easterly becoming variable then northwesterly 3 or 4.

mainly fair.

Visibility: mainly good.

From Lands End to Colwyn Bay.

Wind: variable at first in south, otherwise southwesterly veering northwesterly 3 or 4, occasionally 5 in north.

In south, mainly fair. In north, occasional rain.

Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: southwesterly, veering northwesterly in north and west, 4 or 5, decreasing 3 or 4.

occasional rain, then showers in north

Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.

Wind: west or southwest 4 or 5, increasing 6 or 7 at times in north.

showers.

Visibility: moderate or good.