

From the Met Office. Issued at 2330 GMT on Monday 02 Jul 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: Low pressure slow moving near northwestern Scotland. Rain or showers for all areas. Breezy in the south.

From Cape Wrath to Duncansby Head including Orkney.
Wind: southeast backing north 3 or 4, occasionally 5 at first.
showers, fog patches.
Visibility: moderate or good, occasionally very poor.

Shetland.
Wind: southeast backing east 3 or 4, occasionally 5 at first.
rain at times, fog patches.
Visibility: moderate or good, occasionally very poor.

From Duncansby Head to Whitby.
Wind: southeasterly backing northerly, but southwesterly in south, 3 or 4, occasionally 5 later.
thunderly showers, with fog patches mainly in north.
Visibility: moderate or good, occasionally very poor.

From Whitby to North Foreland.
Wind: southwest 4 or 5, occasionally 6.
showers, some thunderly.
Visibility: moderate or good.

From North Foreland to St. Catherine's Point.
Wind: southwest 5 or 6, occasionally 7, decreasing 4 for a time.
rain or showers.
Visibility: moderate or good.

From St. Catherine's Point to Lands End.
Wind: southwest veering west 4 or 5, occasionally 6, increasing 6 or 7.
rain or showers.
Visibility: moderate or good.

From Lands End to Colwyn Bay.
Wind: southwest veering west 4 or 5, occasionally 6, increasing 6 or 7.
rain or showers.
Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.
Wind: west or southwest 4 or 5, occasionally 6 later.
showers.
Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.
Wind: southwest 3 or 4, occasionally 5.
rain or showers, fog patches in north.
Visibility: moderate or good, occasionally very poor.