

Issued by the Met Office at 1700 UTC on Sunday 04 August 2019

Ser. No. 40

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Sunday 04 August to 1800 UTC Monday 05 August 2019

#### General Situation

A large area of low pressure to the west of Ireland will maintain the unsettled mainly southerly flow. Most places will see showers at times, with a risk of thunder - particularly in the north.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Easterly or southeasterly 3 to 5, occasionally 6 in far north, becoming cyclonic later.

Slight, occasionally moderate near Cape Wrath.

Showers later, perhaps thundery.

Good, occasionally poor later.

Outlook for the following 24 hours:

Cyclonic 4 or less.

Slight in east, but moderate in northwest.

Thundery showers, mainly near shore, misty overnight.

Good, occasionally poor.

Rattray Head to Berwick upon Tweed

24 hour forecast:

Southeast veering southwest later, 3 to 5, occasionally 2 overnight.

Slight.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Cyclonic, mainly south 3 or 4, occasionally 5 for a time.

Slight.

Thundery showers, mainly near shore, perhaps misty overnight in north.

Good, occasionally poor.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

South or southeast 3 to 5, perhaps 6 for a time, then veering southwest later.

Slight.

Showers, thundery for a time.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 3 to 5.

Slight, occasionally moderate offshore.

Thundery showers.

Good, occasionally poor.

Whitby to Gibraltar Point

24 hour forecast:

South or southeast 3 to 5, veering southwest later.

Slight.

Showers, perhaps thundery.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 3 to 5.

Slight, occasionally moderate offshore.

Thundery showers.

Good, occasionally poor.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly 3 or 4, veering southwesterly 4 or 5, occasionally 6 later.

Smooth or slight, occasionally moderate later in south.

Showers, mainly in north.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly 3 to 5, increasing 6 for a time.

Moderate, occasionally slight.

Showers.

Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly 4 or 5, occasionally 6 later.

Slight, becoming moderate.

Showers for a time, otherwise mainly fair.

Moderate, occasionally good.

Outlook for the following 24 hours:

Southwesterly 4 to 6, perhaps 7 for a time in east.

Moderate.

Showers for a time.

Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest 3 to 5, increasing 6 for a time.

Slight, becoming moderate.

Showers for a time, otherwise mainly fair.

Good, occasionally moderate for a time.

Outlook for the following 24 hours:

Southwest 4 to 6.

Moderate.

Showers.

Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest 3 to 5, increasing 6 for a time.

Moderate, occasionally slight at first in east, but occasionally rough later near the Isles of Scilly.

Showers, but rain for a time overnight.

Good, occasionally moderate for a time.

Outlook for the following 24 hours:

Southwest 4 to 6.

Moderate, occasionally rough in far west.

Showers.

Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West or southwest 4 to 6, occasionally 3 at first.

Moderate, occasionally rough later in far southwest.

Showers, but rain for a time overnight.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 5 or 6, occasionally 7 for a time.

Moderate, occasionally rough in southwest.

Showers.  
Good, occasionally moderate.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
South or southwest 3 or 4, increasing 5 or 6.  
Slight or moderate, but smooth at first in shelter.  
Showers, but rain for a time overnight.  
Good, occasionally moderate for a time.

Outlook for the following 24 hours:  
Southwest 5 or 6.  
Moderate.  
Showers, thundery for a time.  
Good, occasionally poor.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South or southwest 3 to 5, occasionally 6 later.  
Smooth or slight, occasionally moderate later near great orme head.  
Showers or rain, perhaps thundery.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 4 to 6, perhaps 7 for a time later.  
Mainly moderate.  
Showers, perhaps thundery.  
Good, occasionally poor.

Isle of Man - (SWW)  
24 hour forecast:  
South or southwest 3 to 5, occasionally 6 later.  
Smooth or slight, becoming moderate.  
Showers, perhaps thundery.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 4 to 6.  
Moderate.  
Showers.  
Good, occasionally poor.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southerly 3 or 4, occasionally 5 in east.  
Smooth or slight in north, but moderate at times in east.  
Thundery showers or rain for a time.  
Good, occasionally poor.

Outlook for the following 24 hours:  
South 3 to 5, becoming cyclonic 2 to 4.  
Slight in north, but moderate at times in east.  
Thundery showers.  
Good, occasionally poor.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel  
24 hour forecast:  
Southerly 3 or 4, occasionally 5 in North Channel.  
Smooth or slight in shelter, but moderate at times in North Channel.  
Thundery showers or rain for a time.  
Good, occasionally poor.

Outlook for the following 24 hours:

Southerly 3 to 5, becoming cyclonic 2 to 4.  
Slight, occasionally moderate in North Channel.  
Thundery showers.  
Good, occasionally poor.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
South or southeast 3 to 5, decreasing 2 for a time.  
Smooth or slight.  
Showers, perhaps thundery.  
Good, occasionally poor.

Outlook for the following 24 hours:  
South 2 to 4, becoming cyclonic 3 or less.  
Slight.  
Thundery showers.  
Good, occasionally poor.

The Minch  
24 hour forecast:  
Southeast 3 to 5, decreasing 2 for a time and becoming variable or cyclonic later.  
Smooth or slight.  
Showers, perhaps thundery.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Cyclonic 3 or less.  
Mainly smooth, but slight swell later in north.  
Showers.  
Good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Easterly 3 to 5, occasionally 6 in far north, becoming cyclonic 2 or 3 later.  
Slight, occasionally moderate in far north.  
Showers, thundery in south.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic 4 or less.  
Moderate, occasionally slight at first.  
Showers, perhaps thundery.  
Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Sunday 04 Aug 2019 at 1800 UTC until Monday 05 Aug 2019 at 0600 UTC

#### Shetland Isles

General Situation  
Weak ridge of high pressure will decline during Monday with a trough of low pressure approaching from south.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Nil at time of issue

East or northeast 3 or 4  
Slight  
Fair  
Good

Outlook for 12 Hours from 0600 UTC on Monday 05 Aug until 1800 UTC on Monday 05 Aug:

East or northeast 4 or 5, occasionally 3 at first

Slight becoming moderate in north later

Fair. Rain in south later.

Good occasionally moderate in south later

Channel Islands - (SWW)

24 hour forecast:

West to southwest 3 to 4, locally northwesterly across the south of the area till dusk, backing southwest 4 to 5 by midnight, locally 6, mainly mid-channel, then veering westerly 3 to 5 by midday and then across south of the area veering northwesterly.

Slight increasing slight to moderate overnight.

Occasional mist, patchy fog and drizzly rain clearing during Sunday evening but returning by around dawn till late morning.

Moderate to good, occasionally poor, perhaps locally very poor at times.

Outlook for the following 24 hours:

Westerly 3 to 5, backing southwest 4 to 5 by midnight, locally 6, mainly mid-channel.

Slight to moderate, occasionally rather rough mid-channel after dawn, with a low swell.

Isolated showers, mainly in north.

Good locally moderate.

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