

Issued by the Met Office at 1700 UTC on Monday 04 July 2016

Ser. No. 31

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Monday 04 July to 1800 UTC Tuesday 05 July 2016

#### General Situation

An area of low pressure centred over northern England will move eastwards into the North Sea. A ridge of high pressure will then build across the United Kingdom from the south.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable becoming north or northwest later, 3 or 4 occasionally 5 later.

Slight, occasionally smooth until later.

Showers.

Good.

Outlook for the following 24 hours:

Northwest 4 or 5, becoming variable 3 or 4 later, then east or southeast 4 or 5.

Slight, occasionally moderate later.

Showers at first, rain later.

Good, occasionally moderate later.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

South or southeast backing northeast, backing northwest later then becoming cyclonic, 4 or 5.

Slight, occasionally smooth until later.

Rain for a time in south, otherwise showers.

Moderate or poor for a time in south, otherwise good.

Outlook for the following 24 hours:

Cyclonic 4 or 5, becoming variable 3 or 4, becoming west or northwest then cyclonic later 4 or 5.

Slight.

Showers at first, rain later.

Good, occasionally moderate later.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southeast becoming cyclonic then northwest 5 or 6, becoming variable 3 or 4 later.

Slight, occasionally smooth at first.

Rain, showers later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Variable becoming west or northwest for a time 3 or 4, becoming southwest 4 or 5 later.

Slight.

Showers at first, rain later.

Good, occasionally moderate later.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southeast veering southwest 4 or 5, veering northwest 5 or 6, .

Smooth or slight, becoming slight or moderate.

Rain, showers later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Variable 3 or 4, becoming northwest 4 or 5 for a time.

Slight, occasionally moderate at first.  
Showers at first.  
Good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly or southwesterly, veering northwesterly later, 4 or 5 occasionally 6 until later.

Smooth or slight, becoming slight or moderate.

Fair, then rain for a time.

Good, occasionally moderate for a time.

Outlook for the following 24 hours:

Northwesterly 4 or 5, becoming variable 3 or 4 later, then southerly or southeasterly 4 or 5.

Slight, occasionally moderate at first.

Mainly fair.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly veering westerly or northwesterly, 4 or 5 occasionally 6 for a time.

Slight or moderate.

Occasional rain and fog patches until later.

Moderate occasionally very poor, becoming good later.

Outlook for the following 24 hours:

Westerly or northwesterly 4 or 5, becoming variable 3 or 4, becoming southwesterly 4 or 5 later.

Slight or moderate, becoming smooth or slight later.

Fair.

Good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest veering west or northwest, 4 or 5 occasionally 6 for a time.

Smooth or slight, becoming slight or moderate.

Occasional rain and fog patches until later.

Moderate occasionally very poor, becoming good later.

Outlook for the following 24 hours:

West or northwest 4 or 5, becoming variable 3 or 4, becoming southwest 4 or 5 later.

Slight or moderate, becoming smooth or slight.

Fair.

Moderate or good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest 5 or 6, veering northwest 4 or 5.

Slight or moderate, becoming rough for a time in west.

Occasional rain and fog patches until later.

Moderate, occasionally very poor, becoming good later.

Outlook for the following 24 hours:

Northwest 4 or 5, becoming variable 3 or 4, becoming southwest 4 or 5 later.

Slight, occasionally moderate at first.

Fair.

Good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest veering northwest 4 or 5, occasionally 6 until later.

Slight or moderate, occasionally rough for a time in southwest.  
Occasional rain at first.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
Northwest backing southwest, 4 or 5.  
Slight, occasionally moderate at first.  
Fair.  
Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
Southwest veering northwest 5 or 6, backing southwest 4 or 5 later.  
Moderate becoming slight later.  
Occasional rain at first.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
Southwest 4 or 5, becoming variable 3 or 4 until later.  
Smooth or slight.  
Occasional rain later.  
Good, occasionally moderate later.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
Southwest 5 or 6, veering northwest 6 or 7, decreasing 4 or 5 later.  
Slight, occasionally moderate until later.  
Occasional rain at first.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
Northwest 4 or 5, becoming variable 3 or 4, becoming southwest 4 or 5 later.  
Smooth or slight.  
Occasional rain later.  
Good, occasionally moderate later.

Isle of Man - (SWW)  
24 hour forecast:  
South or southwest veering northwest, then backing west or northwest later, 5 or 6 decreasing 3 or 4 later.  
Mainly moderate, becoming slight later.  
Rain and drizzle with fog patches at first, then fair.  
Moderate or poor, occasionally very poor at first, becoming good.

Outlook for the following 24 hours:  
West or northwest 3 or 4, becoming variable 3 or less, then becoming south or southwest 4 or 5 later.  
Smooth or slight, becoming slight or moderate later.  
Occasional rain or drizzle later.  
Good, becoming moderate or poor later.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Northeast backing northwest 4 or 5, occasionally 6 for a time.  
Slight or moderate.  
Rain and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest 4 or 5, becoming variable 3 or 4, becoming south 4 or 5 later.  
Slight or moderate.  
Showers at first, rain later.  
Good, occasionally poor later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Northeasterly backing northwesterly 4 or 5, occasionally 6 for a time.

Slight or moderate.

Rain at first.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

Northwesterly 4 or 5, becoming variable 3 or 4, becoming southerly 4 or 5 later.

Slight or moderate, becoming smooth or slight.

Rain later.

Good, becoming moderate or poor later.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

North backing northwest 4 or 5.

Slight or moderate.

Rain at first, then showers.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

Northwest 4 or 5, becoming variable 3 or 4, becoming south or southeast 4 or 5 later.

Slight or moderate.

Showers, rain later.

Good, becoming moderate or poor later.

The Minch

24 hour forecast:

Variable 3 or 4, becoming northwesterly 4 or 5 in south.

Smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

Northwesterly 4 or 5 for a time in south, otherwise variable 3 or 4, becoming southeasterly 4 or 5.

Smooth or slight.

Showers, rain later.

Good, becoming moderate or poor later.

Ardnamurchan Point to Cape Wrath

24 hour forecast:

Variable 3 or 4, becoming northwesterly 4 or 5 in south.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Northwesterly 4 or 5 for a time in south, otherwise variable 3 or 4, becoming southeasterly 4 or 5 occasionally 6 in west later.

Slight or moderate.

Showers, rain later.

Good, becoming moderate or poor later.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Monday 04 Jul 2016 at 1800 UTC until Tuesday 05 Jul 2016 at 0600 UTC

Shetland Isles

General Situation

A weak ridge of high pressure extending from the North Sea over Shetland waters

declines later today. Another ridge builds from the west early Tuesday.

Gale Warnings in operation for Sea Area Fair Isle: Nil

West or northwest veering north 3.

Slight.

Showers at first.

Good, occasionally moderate at first.

Outlook for 12 Hours from 0600 UTC on Tuesday 05 Jul until 1800 UTC on Tuesday 05 Jul:

North backing northwest 3 or 4, increasing 5 later.

Slight or moderate.

Occasional showers.

Mainly good.

Channel Islands - (SWW)

24 hour forecast:

West 3 to 4, increasing 4 to 5 later this evening, perhaps 6 for a time, veering west to northwest around mid morning, decreasing 3 to 4 Tuesday afternoon, perhaps occasionally 5.

Slight increasing moderate this evening, locally rather rough, decreasing slight again Tuesday afternoon.

Occasional rain or drizzle and mist or fog patches, especially jersey northwards, clearing during Tuesday morning.

Moderate to very poor, occasionally good, becoming mainly good during the morning.

Outlook for the following 24 hours:

Northwest 3 to 4, perhaps 5 for a time, veering northerly after midnight, decreasing 2 to 4 by dawn, becoming locally variable 1 to 3 during the morning.

Slight, occasionally smooth after dawn, with a low swell.

Mainly fair.

Mainly good.

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