

Issued by the Met Office at 0500 UTC on Sunday 03 August 2008

Ser. No. 12

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

A complex area of low pressure will be slow moving to the north and west of Scotland with a showery airstream covering much of the United Kingdom.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable 3 or 4, becoming northwest later.

Rain then showers.

Moderate or good, occasionally poor.

Slight or moderate.

Outlook for the following 24 hours:

Northwesterly 3 or 4, increasing 5 or 6 for a time in east.

Showers.

Good.

Slight or moderate.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southwest 3 or 4, becoming variable 2 or 3 then becoming northwest 4 or 5 later.

Showers.

Moderate or good.

Slight.

Outlook for the following 24 hours:

Northwest 4 or 5, becoming variable 3 or less.

Showers.

Good.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest veering west 3 or 4, increasing 5 at times with daytime sea breezes likely.

Showers.

Good.

Slight.

Outlook for the following 24 hours:

West 3 or 4, becoming variable for a time.

Showers.

Good.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

Southwest veering west 4 or 5, decreasing 3 for a time.

Showers.

Good.

Slight.

Outlook for the following 24 hours:

West 4 or 5, becoming variable 3 for a time.

Showers.

Good.

Slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southwest veering west 4 or 5, increasing 6 at times.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate.

Outlook for the following 24 hours:

Westerly 4 or 5, decreasing 3 later.

Isolated showers.

Good.

Slight or moderate.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly veering westerly 4 or 5, increasing 6 or 7 for a time.

Occasional rain or drizzle, showers later.

Moderate or good, occasionally poor.

Mainly moderate.

Outlook for the following 24 hours:

Westerly 4 or 5, occasionally 6, backing southwesterly 3 or 4.

Showers.

Mainly good.

Slight or moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest veering west 4 or 5, increasing 6 at times especially around exposed headlands.

Occasional rain or drizzle, then showers.

Moderate or good, occasionally poor.

Mainly moderate.

Outlook for the following 24 hours:

West 4 or 5 backing south or southwest 3.

Showers then rain.

Moderate or good, occasionally poor.

Slight or moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest veering west 3 or 4, occasionally 5 around exposed headlands.

Occasional rain or drizzle, showers later.

Moderate or good, occasionally poor.

Moderate occasionally slight.

Outlook for the following 24 hours:

Southwesterly, backing southerly for a time, 4 or 5, occasionally 6 in west.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest veering west 4 or 5.

Occasional rain or drizzle.

Moderate or good, occasionally poor.

Moderate.

Outlook for the following 24 hours:  
West 4 or 5, backing south or southeast for a time.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Southwest 3 or 4, occasionally 5.  
Showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest backing southeast 3 or 4, occasionally 5.  
Showers, then rain.  
Moderate or good.  
Slight or moderate.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
West or southwest 3 or 4, occasionally 5.  
Showers.  
Good.  
Slight occasionally moderate.

Outlook for the following 24 hours:  
West 3 or 4, becoming variable 3 or less.  
Showers at first, rain later.  
Good.  
Slight or moderate.

Isle of Man  
24 hour forecast:  
Southwest veering west 3 or 4.  
Showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
West or northwest 3 or 4, backing south later.  
Isolated showers.  
Moderate or good.  
Slight or moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southwest 3 or 4, becoming variable 3 or less.  
Showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Variable 3 or less.  
Showers at first, rain later.  
Moderate or good.  
Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel  
24 hour forecast:  
Southwest 3 or 4, becoming variable 3 or less.  
Showers.  
Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Variable 3 or less.

Showers at first, rain later.

Moderate or good.

Slight or moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southwest 3 or 4, becoming variable 3 or less.

Showers.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Variable 3 or less.

Showers at first, rain later.

Moderate or good.

Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Southwest veering north 3 or 4.

Rain then showers.

Moderate or poor becoming good.

Slight or moderate.

Outlook for the following 24 hours:

North 3 or 4.

Showers at first.

Good.

Slight or moderate.

Shetland Isles

24 hour forecast:

Southeast backing northwest 2 or 3, increasing 5 or 6 later.

Occasional rain.

Moderate or good, occasionally poor.

Moderate occasionally slight.

Outlook for the following 24 hours:

North or northwest 5 or 6, decreasing 4.

Occasional rain, then showers.

Moderate or good, occasionally poor at first.

Slight or moderate.

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