

Issued by the Met Office at 1100 UTC on Thursday 04 March 2010

Ser. No. 1

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

General Situation

High pressure in the mid Atlantic will build, with a ridge extending across the United Kingdom. An

area of low pressure will run down the North Sea on Friday.

From Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southwest 3 or 4, veering northwest 5 to 7, decreasing 4 or 5 later.

Slight or moderate, becoming rough in north.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 4 or 5, backing west later.

Slight or moderate, but rough in north.

Rain or showers.

Moderate or good.

Rattray Head to Berwick on Tweed - (SWW)

24 hour forecast:

Variable 3 or 4, becoming northwest 3 or 4 increasing 5 or 6.

Slight, occasionally moderate near Rattray Head.

Fair, then rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 5 or 6, decreasing 4 or 5, then becoming variable 3 or less later.

Slight, but moderate at first near Rattray Head.

Rain or showers.

Moderate or good.

Berwick on Tweed to Whitby

24 hour forecast:

Variable 2 or 3, becoming northwest 3 or 4, increasing 4 or 5 later.

Slight.

Fair, occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 4 or 5, veering northeast 3 or 4, becoming variable later.

Slight, occasionally moderate.

Occasional rain.

Good, occasionally moderate.

Whitby to Gibraltar Point

24 hour forecast:

Northeast backing northwest 3 or 4, occasionally 5 later.

Slight.

Fair, occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 3 or 4, increasing 4 or 5, veering northeast 3 or 4 later.

Slight, occasionally moderate.

Occasional rain.

Good, occasionally moderate.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Northeasterly 4 or 5, occasionally 6 in south, backing northwesterly 4 or 5.
Slight.
Fair.
Good.

Outlook for the following 24 hours:

Northwest 4 or 5, veering north 5 or 6, then veering northeast 4 or 5 later.
Slight, occasionally moderate in north.
Fair, then occasional rain.
Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Northeasterly 5 to 7, decreasing 3 or 4, backing northwesterly later.
Moderate for a time, but slight near shore.
Fair.
Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwesterly 3 or 4, veering northerly, then northeasterly later, 5 or 6.
Slight.
Mainly fair.
Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Northeasterly 5 to 7, decreasing 3 or 4, backing northwesterly later.
Moderate for a time, but slight near shore.
Fair.
Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwesterly 3 or 4, veering northerly, then northeasterly later, 5 or 6.
Slight.
Mainly fair.
Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northeast 5 to 7, decreasing 3 or 4.
Moderate becoming slight.
Fair.
Good.

Outlook for the following 24 hours:

Northeast 3 or 4, increasing 4 or 5.
Slight, becoming moderate in west.
Fair.
Good.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Northeast 4 or 5, decreasing 3 or 4 later.
Slight or moderate, occasionally for a time in far west.
Fair.
Moderate or good.

Outlook for the following 24 hours:

Northerly or northeasterly 3 or 4, increasing 5 or 6 in west.
Slight, but moderate in west.
Fair, rain later.
Moderate or good.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Northeast 4 or 5, decreasing 3 or 4.

Slight, occasionally moderate in south.

Fair, occasional rain later in north.

Good, occasionally moderate later in north.

Outlook for the following 24 hours:

Northeast 3 or 4, backing north 4 or 5, occasionally 6 around headlands.

Slight, becoming moderate in north later.

Occasional rain in north, otherwise mainly fair.

Good, occasionally moderate in north.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Variable 2 or 3, becoming northwest 3 or 4, occasionally 5 later.

Smooth or slight.

Fair, occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 3 or 4, increasing 5 at times, veering northeast 3 or 4 later.

Smooth or slight.

Occasional rain.

Good, occasionally moderate.

Isle of Man

24 hour forecast:

Variable 2 or 3, becoming northwest 4 or 5.

Smooth or slight.

Mainly fair, showers later.

Good.

Outlook for the following 24 hours:

North or northwest veering northeast, 4 or 5, decreasing 3 or 4.

Slight becoming slight or moderate for a time.

Showers.

Good.

Lough Foyle to Carlingford Lough

24 hour forecast:

Variable 2 or 3, becoming northwest 4 or 5.

Smooth or slight, occasionally moderate in north.

Fair, then occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 4 or 5, veering northeast 3 or 4.

Smooth or slight, but moderate in north.

Occasional rain, then fair.

Good, occasionally moderate at first.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Variable 2 or 3, becoming northwest 4 or 5.

Smooth or slight, occasionally moderate in north.

Fair, then occasional rain.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 or 5, occasionally 6 in North Channel.

Smooth or slight, occasionally moderate in north.

Occasional rain, then fair.

Good, occasionally moderate at first.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Variable 2 or 3, becoming northwest 4 or 5.

Slight or moderate, occasionally rough in west.

Occasional rain.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwest 4 or 5, decreasing 3 or 4, veering northeast later.

Moderate or rough.

Occasional rain.

Good, occasionally moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides - (SWW)

24 hour forecast:

Variable 3 or 4, becoming northwesterly 4 or 5, occasionally 6 west of Outer Hebrides.

Slight or moderate, but rough west of Outer Hebrides.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 or 5, occasionally 6 west of Outer Hebrides, backing westerly 3 or 4 later.

Slight or moderate, but rough west of Outer Hebrides.

Rain or showers.

Good, occasionally moderate.

The Minch - (SWW)

24 hour forecast:

Variable 3 or 4, becoming northwesterly 4 or 5, occasionally 6 west of Outer Hebrides.

Smooth or slight, but occasionally moderate south of skye.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 or 5, occasionally 6 west of Outer Hebrides, backing westerly 3 or 4 later.

Smooth or slight, but occasionally moderate at first south of skye.

Rain or showers.

Good, occasionally moderate.

The Channel Islands - (SWW)

24 hour forecast:

Northeasterly 5 to 6, locally 7 with gusts to 40 knots, decreasing 4 to 5 around midnight, 3 to 4 by morning and 2 to 3 by midday.

Moderate, locally rather rough to rough in the north and west, gradually becoming slight later.

Fair or fine.

Good.

Outlook for the following 24 hours:

Northeast 1 to 3, soon backing northerly, increasing 3 to 4 overnight, veering northeast by the

morning, increasing 4 to 5 later.

Slight, locally moderate later.

Fair or fine risk of a shower on Saturday.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland
Valid Thursday 04 Mar 2010 at 1200 UTC until Friday 05 Mar 2010 at 0000 UTC

Shetland Isles

General Situation

A developing low will track southwards down the North Sea during the next 24 hours.

Gale Warnings in operation for Sea Area Fair Isle: Nil

Westerly or southwesterly veering northwesterly in west 4 or 5, occasionally force 6 later.

Slight or moderate becoming rough in west.

Rain or sleet developing.

Moderate or good.

Outlook for 12 Hours from 0000 UTC on Friday 05 Mar until 1200 UTC on Friday 05 Mar:

Westerly or northwesterly 5 to 7, decreasing 4 in west.

Moderate or rough, occasionally slight in east.

Rain or showers clearing for a time.

Moderate or good.

(c) Crown Copyright 2010