

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 01 Oct 2023 until 23:59 on Monday 02 Oct 2023

Forecast Issued on Sunday 01 Oct 2023 at 01:08 by Met Office Aberdeen

Confidence: Generally high, lower for detail of showers. Low by Wednesday with rain arriving from the west.

Headline for Sunday 01 Oct 2023: Sunny spells and a few showers on Sunday. Windy.

Mountain weather hazards on Sunday 01 Oct 2023

Blizzards

No Likelihood

Gales

High Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

Low Likelihood

Heavy persistent rain

No Likelihood

Storm force winds







No Likelihood

Poor visibility

Low Likelihood

Strong sunlight

Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Heavy rain showers	Heavy rain showers	Sunny intervals	Sunny intervals	Partly cloudy (night)	Partly cloudy (night)
Precipitation probability					
40%	40%	30%	30%	30%	30%

Forecast for Sunday 01 Oct 2023

Weather: Light and patchy overnight rain clearing during the early hours. A few potentially heavy showers following behind during the morning, then largely dry with sunny spells and just the odd shower. Windy throughout, especially in the west.

Chance of cloud-free hill tops above 800m: 20% increasing to 90% around dawn.

Low cloud and visibility: Broken cloud base 500-700m at first, breaking up through the latter part of the night. Few cloud base 700-800m perhaps lingering during the morning. Visibility moderate in rain or showers, otherwise good.

Forecast for Sunday 01 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	39/47 SW	37/47 SW	35/45 SW	36/47 SW	37/47 SW	35/46 SW	34/45 SW
900	37/44 SW	36/46 SW	34/45 SW	35/46 SW	36/46 SW	34/44 SW	33/44 SW
600	26/33 SW	26/36 SW	26/37 SW	27/38 SW	25/36 SW	24/35 SW	23/34 SW
300	5/31 SW	10/34 SW	12/35 SW	12/35 SW	10/34 SW	9/32 SW	9/31 SW
Glen	9/23 SW	13/26 SW	14/27 SW	15/28 SW	12/26 SW	11/25 SW	11/26 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/2	6/0	6/-0	6/-1	5/-1	5/-1	5/-2
900	9/3	7/2	7/1	6/0	6/-0	6/-0	6/-0
600	10/6	9/5	10/5	9/5	8/4	8/4	8/4
300	12/12	12/10	12/10	12/10	11/9	10/8	10/8
Glen	14/13	14/12	15/12	15/12	13/11	13/11	13/11
Freezing Level*	2300m	1700m	1500m	1600m	1600m	1500m	1600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Be aware of very strong winds, particularly at height.

Forecast for Monday 02 Oct 2023

Weather: Frequent, and at times heavy, showers expected throughout the day, with some sunny intervals. Best of the drier conditions in the east. Very strong southwesterly winds continuing.

Maximum wind: Southwesterly 30-40mph gusting 45-55mph during the afternoon.

Chance of cloud-free hill tops above 800m: 90%

Low cloud and visibility: Visibility moderate in showers, otherwise good.

Temperature: **Glens:** Plus 10 rising to plus 15 Celsius

At 800m: Plus 4 to 6 Celsius

Freezing level: Above summits