

Issued by the Met Office at 1200 UTC on Thursday 02 August 2007

Ser. No. 16

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

#### General Situation

A cold front across England and Wales moves slowly southeastwards through today. Transient ridge of high pressure crosses the area during Thursday evening ahead of an Atlantic frontal system expected northwest Scotland by Friday morning.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Northwest backing south 3 or 4, increasing 5 or 6 later.

Showers, then rain.

Moderate or good, occasionally poor later.

Slight or moderate, occasionally rough at first and again later.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southwest backing south 3 or 4, increasing 5 or 6 later.

Showers, then rain.

Moderate or good.

Slight, occasionally moderate in north later.

Berwick on Tweed to Whitby

24 hour forecast:

Variable becoming southwest 3 or 4, occasionally 5 later.

Rain later.

Moderate or good.

Smooth or slight.

Whitby to Gibraltar Point

24 hour forecast:

Variable becoming southwest 3 or 4.

Rain later.

Moderate or good.

Smooth or slight.

Gibraltar Point to North Foreland

24 hour forecast:

Variable becoming southwest 3 or 4.

Showers.

Mainly good.

Smooth or slight.

North Foreland to Selsey Bill

24 hour forecast:

West or northwest becoming variable 3 or 4, occasionally 5 at first.

Showers.

Mainly good.

Smooth or slight.

Selsey Bill to Lyme Regis

24 hour forecast:

West or northwest backing southwest 3 or 4.

Showers.

Mainly good.

Slight.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

West or northwest backing southwest 3 or 4, occasionally 5 later.  
Showers.  
Good, occasionally moderate later.  
Slight, occasionally moderate later.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
West or northwest backing southwest 3 or 4, occasionally 5.  
Showers.  
Good, occasionally moderate later.  
Slight occasionally moderate later.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Variable 3 or 4 becoming southwest 5 or 6 later.  
Showers.  
Good, occasionally moderate later.  
Slight, occasionally moderate later.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Northwest backing southwest 3 or 4, increasing 5 or 6 later.  
Showers, rain later.  
Good, occasionally moderate later.  
Slight, occasionally moderate later.

Isle of Man  
24 hour forecast:  
West soon backing southwest 3 or 4, increasing 4 or 5 tomorrow morning.  
Mainly fair, perhaps patchy rain later.  
Moderate or good.  
Slight or moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
West backing south 3 or 4, increasing 5 or 6 later.  
Showers, rain later.  
Moderate or good.  
Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel  
24 hour forecast:  
West backing south 3 or 4, increasing 5 or 6 later.  
Showers, rain later.  
Good, becoming moderate or poor.  
Slight or moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
West 3 or 4, backing south 5 or 6.  
Showers, rain later.  
Good, becoming moderate or poor.  
Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
West 3 or 4, backing south or southwest 5 or 6, occasionally 7 later.  
Showers, rain later.  
Good, becoming moderate or poor.  
Moderate, occasionally rough later.

Shetland Isles

24 hour forecast:

West backing south 4 or 5, increasing 5 or 6 later.

Showers, rain later.

Moderate or good, occasionally poor later.

Moderate or rough.

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