

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 00:00 on Friday 06 Oct 2023 until 23:59 on Saturday 07 Oct 2023

Forecast Issued on Thursday 05 Oct 2023 at 17:48 by Met Office Aberdeen

**Confidence:** High for Friday. High for a wet day on Saturday. Low for extent of rain on Sunday, but increasing confidence for drier weather early next week.

**Headline for Friday 06 Oct 2023:** Mainly dry and very windy with sunny intervals. Rain in the evening.

### Mountain weather hazards on Friday 06 Oct 2023

**Blizzards**  
No Likelihood

**Heavy persistent snow**  
No Likelihood

**Storm force winds**  
Low Likelihood

**Gales**  
High Likelihood

**Severe chill effect**  
No Likelihood

**Poor visibility**  
Low Likelihood

**Thunderstorms**  
No Likelihood

**Heavy persistent rain**  
No Likelihood

**Strong sunlight**  
Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain	Drizzle	Fog	Light rain showers	Sunny intervals	Cloudy	Heavy Rain	Heavy Rain
Precipitation probability							
40%	40%	20%	20%	20%	30%	30%	80%

### Forecast for Friday 06 Oct 2023

**Weather:** Chance of a light shower across the west of the region at first. Otherwise largely dry with bright spells through daylight hours. Thickening cloud will bring rain from the west through the evening.

**Chance of cloud-free hill tops above 800m:** 70% during the daytime, decreasing through the evening

**Low cloud and visibility:** Excellent visibility outside of cloud. Some patchy cloud above 700 metres, this becoming more extensive after dark across the north and west down to 500 metres.

**Forecast for Friday 06 Oct 2023**

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	59/70 SW	54/66 SW	48/59 SW	46/57 SW	38/47 W	25/31 W	14/18 W	10/13 E	17/24 E
<b>900</b>	57/68 SW	52/64 SW	46/57 SW	44/55 SW	36/45 W	24/30 W	14/17 W	10/13 E	20/27 E
<b>600</b>	43/54 SW	38/50 SW	34/45 SW	32/43 SW	27/35 W	18/23 W	10/13 NW	6/10 E	13/21 E
<b>300</b>	15/51 SW	14/46 SW	12/44 SW	11/41 SW	11/37 W	7/23 W	2/13 NW	5/10 E	10/18 E
<b>Glen</b>	13/27 SW	12/27 SW	15/29 SW	15/29 SW	16/29 W	9/18 W	4/9 N	5/9 E	14/23 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	8/1	7/0	7/-0	6/-1	5/-1	5/-0	5/1	5/2	4/-1
<b>900</b>	8/2	8/1	7/1	7/-0	6/0	6/1	6/2	6/3	5/-0
<b>600</b>	10/5	10/4	9/4	9/4	9/4	8/5	8/5	8/6	7/4
<b>300</b>	11/8	10/8	10/8	11/9	11/9	11/9	10/9	9/8	9/6
<b>Glen</b>	13/11	13/10	13/10	14/11	14/11	13/12	12/11	12/11	11/9
<b>Freezing Level*</b>	2300m	2100m	1900m	1800m	1700m	1900m	2600m	2800m	2800m

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Winds will reach 70 mph or more across the higher tops at first with widespread upland gales. Winds will moderate by evening. Significant wind chill expected too. Making progress will be slow with a risk of being blown over.

**Forecast for Saturday 07 Oct 2023**

**Weather:** Cloudy and rather cold throughout the day with persistent rain, this heavy at times especially in the southwest of the area. There's a chance that rain may turn to sleet and snow for a brief time. Rain may ease off through the evening.

**Maximum wind:** Easterly 20 mph with gusts to 30 mph on the tops

**Chance of cloud-free hill tops above 800m:** 70%

**Low cloud and visibility:** Poor in extensive areas of cloud down to 500 to 800 metres, some breaks possible towards the west coast

**Temperature:** **Glens:** Plus 6 rising to 9 Celsius

**At 800m:** Plus 3 Celsius

**Freezing level:** Above summits, but may fall to 1100 metres for a time