

Issued by the Met Office at 0600 UTC on Saturday 03 March 2007

Ser. No. 90

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Vigorous low in southern North Sea clearing eastwards with severe gales or storm force winds along south coast easing, followed by a temporary ridge of high pressure. Heavy rain and gales will spread to all areas during Sunday as a deep Atlantic low approaches the west coast of Ireland.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southerly veering southwesterly for a time, 4 or 5.

Showers.

Good.

Slight or moderate, occasionally rough around Orkney.

Outlook for the following 24 hours:

South or southeast 4 or 5, increasing 7 to severe gale 9.

Occasional rain, heavy at times.

Good, becoming moderate for a time.

Moderate, becoming rough or very rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

South veering southwest for a time, 4 or 5.

Showers becoming fair.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Southwest 4 or 5 backing south or southeast 6 to gale 8, occasionally severe gale 9.

Fair then rain.

Good, becoming moderate.

Moderate, becoming rough or very rough.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest backing south 3 or 4.

Rain then showers, becoming fair later.

Moderate becoming good.

Moderate.

Outlook for the following 24 hours:

South or southeast 4 increasing 6 or 7, occasionally gale 8.

Fair then rain.

Good, becoming moderate.

Moderate, becoming rough or very rough.

Whitby to Gibraltar Point

24 hour forecast:

Northerly backing southerly 3 or 4.

Rain then showers, becoming fair later.

Moderate becoming good.

Moderate.

Outlook for the following 24 hours:

South or southeast 4 increasing 6 to gale 8, later veering southwest 5 or 6.

Occasional rain, then showers.  
Good, becoming moderate.  
Moderate, becoming rough or very rough.

Gibraltar Point to North Foreland

24 hour forecast:

Cyclonic gale 8 to storm 10 becoming west 4 or 5, later backing south.

Rain then showers, becoming fair later.

Moderate becoming good.

Moderate occasionally rough.

Outlook for the following 24 hours:

South or southeast veering southwest 5, increasing 6 to gale 8 for a time.

Occasional rain, then showers.

Good, becoming moderate.

Moderate, becoming rough.

North Foreland to Selsey Bill

24 hour forecast:

West gale 8 to storm 10, decreasing 4 or 5 and backing southeast later.

Rain then showers, becoming fair later.

Moderate or poor, becoming good.

Rough or very rough, becoming slight or moderate.

Outlook for the following 24 hours:

Southeast veering southwest 4 or 5, increasing 6 or 7, occasionally gale 8.

Occasional rain, then showers.

Good, becoming moderate or poor.

Slight or moderate becoming rough.

Selsey Bill to Lyme Regis

24 hour forecast:

West 6 to gale 8, decreasing 4 or 5 and backing southeast later.

Showers, rain later.

Good becoming moderate.

Rough or very rough, becoming moderate.

Outlook for the following 24 hours:

Southeast veering southwest 4 or 5, increasing 6 or 7, occasionally gale 8.

Rain, occasionally heavy, then showers.

Moderate or poor, becoming good.

Moderate becoming rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

West 6 decreasing 3 or 4, later backing southeast 6 to gale 8.

Showers, rain later.

Good becoming moderate.

Rough or very rough.

Outlook for the following 24 hours:

Southeast veering southwest 6 to gale 8, occasionally severe gale 9.

Rain, occasionally heavy, then showers.

Moderate or poor, becoming good.

Moderate or rough, becoming very rough or high in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

West backing southeast 4 or 5, increasing 6 to gale 8 later.

Showers, rain later.  
Good becoming moderate.  
Rough becoming moderate.

Outlook for the following 24 hours:  
Southeast veering southwest 6 to gale 8, occasionally severe gale 9.  
Rain, occasionally heavy, then showers.  
Moderate or poor, becoming good.  
Moderate becoming rough or very rough, occasionally high in west.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
West backing southeast 4 or 5, increasing 6 to gale 8 later.  
Showers, rain later.  
Good becoming moderate.  
Moderate, occasionally rough in south at first.

Outlook for the following 24 hours:  
Southeast veering southwest 6 to gale 8, occasionally severe gale 9.  
Rain, occasionally heavy, then showers.  
Moderate or poor, becoming good.  
Moderate becoming rough or very rough, occasionally high in south later.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
West backing southeast 4 or 5, increasing 6 later.  
Showers, fair later.  
Good.  
Moderate, becoming slight for a time.

Outlook for the following 24 hours:  
Southeast veering southwest 6, increasing 7 to severe gale 9.  
Occasional rain, then showers.  
Good, occasionally moderate or poor.  
Moderate becoming rough or very rough.

Isle of Man  
24 hour forecast:  
West backing southwest 4 or 5, decreasing 3 or 4, backing southeast 6 later.  
Isolated showers, then fair.  
Good.  
Moderate.

Outlook for the following 24 hours:  
Southeast veering south or southwest 6, increasing 7 to severe gale 9.  
Rain then showers.  
Moderate or good.  
Moderate becoming rough or very rough.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
West backing southeast 4 or 5, increasing 6 or 7 later.  
Showers, fair later.  
Good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southeast veering southwest 6 or 7, increasing 7 to severe gale 9.  
Occasional rain, then showers.  
Good, occasionally moderate.  
Moderate becoming rough or very rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

West backing southeast 4 or 5, increasing 6 later.

Showers, fair later.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Southeast veering southwest 6 increasing 7 to severe gale 9.

Occasional rain, then showers.

Good, occasionally moderate or poor.

Moderate becoming rough or very rough.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southwesterly backing southeasterly 4 or 5, increasing 6 later.

Showers.

Good.

Moderate.

Outlook for the following 24 hours:

Southeast veering southwest 6, increasing 7 to severe gale 9.

Occasional rain, then showers.

Good, occasionally moderate or poor.

Moderate becoming very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Southwesterly backing southeasterly 4 or 5, occasionally 6.

Showers.

Good.

Moderate or rough.

Outlook for the following 24 hours:

Southeast veering southwest 6, increasing 7 to severe gale 9 or perhaps storm 10 later.

Occasional rain, then showers.

Good, occasionally moderate or poor.

Moderate or rough, becoming very rough or high.

Shetland Isles

24 hour forecast:

Southeast 4 or 5, occasionally 6, veering southwest 4 later.

Rain or showers.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Southwest backing southeast 4, increasing 7 to severe gale 9.

Fair then rain.

Good becoming moderate.

Moderate becoming very rough.

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