

Issued by the Met Office at 0500 UTC on Wednesday 04 March 2009

Ser. No. 4

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

General Situation

Low north Scotland will continue northwards today, but will track back southeast across the United Kingdom tomorrow. In the meantime, another low will track southeast from Ireland across the southwest peninsula into France.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Cyclonic 6 to gale 8 decreasing 4 or 5, occasionally 3.

Rain or showers.

Moderate or good.

Rough, but very rough west of Orkney and moderate in Moray Firth.

Outlook for the following 24 hours:

Cyclonic or southeast 4 or 5, occasionally 6.

Showers.

Good.

Moderate or rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

South or southwest 5 to 7 becoming cyclonic 3 or 4.

Showers.

Good.

Moderate or rough.

Outlook for the following 24 hours:

Cyclonic or southeast 3 or 4, occasionally 5.

Occasional showers.

Good.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest 4 or 5 becoming cyclonic 3 or 4.

Occasional showers.

Good.

Moderate or rough becoming slight or moderate.

Outlook for the following 24 hours:

Cyclonic 3 or 4, occasionally 5.

Occasional showers.

Good.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

West or southwest 4 or 5 becoming cyclonic 3 or 4.

Rain then showers.

Moderate or good.

Moderate or rough becoming slight.

Outlook for the following 24 hours:

Cyclonic or southeast 3 or 4.

Occasional showers.

Good.

Slight.

Gibraltar Point to North Foreland

24 hour forecast:

West or southwest then cyclonic 3 or 4, but south 6 to gale 8 in east at first.

Rain then showers.

Moderate or good.

Moderate or rough becoming slight.

Outlook for the following 24 hours:

Cyclonic 3 or 4, occasionally 5, becoming northwest later.

Occasional showers.

Good.

Slight or moderate.

North Foreland to Selsey Bill

24 hour forecast:

South 6 to gale 8 in east at first, otherwise west or northwest 4 or 5 backing south.

Rain then showers.

Moderate or good.

Slight or moderate, occasionally rough at first.

Outlook for the following 24 hours:

South or southeast 4 or 5, occasionally 6, backing north or northwest.

Blustery showers.

Good.

Slight or moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

West or northwest 4 or 5 becoming cyclonic 5 to 7, perhaps gale 8 later.

Blustery showers.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Cyclonic becoming north or northwest 5 to 7, occasionally gale 8.

Blustery showers.

Good.

Slight or moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

West or northwest 5 to 7, occasionally gale 8, becoming cyclonic for a time in east.

Blustery showers.

Good.

Moderate or rough, but very rough or high in west.

Outlook for the following 24 hours:

North or northwest 5 to 7, occasionally gale 8.

Showers.

Good.

Moderate or rough but very rough in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Northwest 5 to 7, occasionally gale 8 in west, becoming cyclonic 4 for a time in east.

Showers.

Good.

Rough or very rough, but moderate in eastern Bristol Channel.

Outlook for the following 24 hours:

Northwest 5 to 7, occasionally gale 8 in west.

Showers.

Good.

Rough or very rough, but moderate in eastern Bristol Channel.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

West or northwest 4 or 5, occasionally 6 near St Davids Head, becoming cyclonic 4 for a time in north.

Showers.

Good.

Slight or moderate, but rough in south at first.

Outlook for the following 24 hours:

Northwest 4 or 5, but 6 or 7 in south.

Showers.

Good.

Slight or moderate, occasionally rough in south.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

West or northwest 4 or 5 becoming cyclonic for a time.

Showers.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Northwest 4 or 5, occasionally 6.

Showers.

Good.

Slight or moderate.

Isle of Man

24 hour forecast:

West 4 or 5 becoming cyclonic 3 or 4.

Showers.

Good.

Moderate.

Outlook for the following 24 hours:

Cyclonic 3 or 4 becoming northwest 4 or 5.

Showers.

Good.

Slight or moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

West 4 or 5, occasionally 3, becoming cyclonic then northwest 5 to 7, occasionally gale 8 later.

Showers.

Good.

Rough or very rough in north otherwise slight or moderate.

Outlook for the following 24 hours:

Northwest 5 to 7, occasionally gale 8.

Showers.

Good.

Rough or very rough in north, otherwise slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

West or northwest 4 or 5, occasionally 3, becoming cyclonic then northwest 5 to 7 in west later.

Showers.

Good.

Slight or moderate, but rough around Mull of Kintyre.

Outlook for the following 24 hours:

West or northwest 5 to 7, occasionally gale 8, but cyclonic 5 in east at first.

Showers.

Good.

Slight or moderate, but rough off Mull of Kintyre.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

West or northwest 4 or 5, occasionally 3, becoming cyclonic then northwest 5 to 7 in west later.

Showers.

Good.

Rough or very rough.

Outlook for the following 24 hours:

West or northwest 5 to 7, occasionally gale 8, but cyclonic 5 in east at first.

Showers.

Good.

Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Northwest 4 or 5 becoming cyclonic 5 to 7, increasing gale 8 in west later.

Showers.

Good.

Very rough or high but moderate or rough in minches.

Outlook for the following 24 hours:

Cyclonic 5 to 7, occasionally gale 8.

Showers.

Good.

Very rough or high but moderate or rough in minches.

Shetland Isles

24 hour forecast:

Southeast 6 to gale 8 increasing severe gale 9 for a time.

Rain or showers.

Moderate or good.

Very rough or high.

Outlook for the following 24 hours:

Southeast 5 to 7, occasionally gale 8 in east.

Rain or showers.

Moderate or good.

Rough or very rough occasionally high at first.

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