

Issued by the Met Office at 0001 UTC on Sunday 04 August 2019

Ser. No. 37

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Sunday 04 August to 0000 UTC Monday 05 August 2019

#### General Situation

Low pressure centred to the west of Ireland will bring rain or showers to most areas during the next couple of days, especially in the west and north where some of the showers could turn thundery at times.

Cape Wrath to Rattray Head including Orkney

24 hour forecast:

East or northeast 3 to 5, occasionally 2 at first.

Slight, occasionally moderate near Cape Wrath.

Mainly fair, then thundery showers in south.

Good, occasionally moderate.

Outlook for the following 24 hours:

Easterly 3 to 5, occasionally 6 at first in north, then becoming cyclonic 2 to 4.

Slight, occasionally moderate at first in north, becoming smooth at times later in Moray Firth.

Thundery showers.

Good, occasionally poor.

Rattray Head to Berwick upon Tweed

24 hour forecast:

Variable 3 or less becoming easterly or northeasterly 2 to 4, occasionally 5 for a time later in south.

Slight.

Showers, perhaps thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

East or southeast veering south or southwest, 2 to 4, occasionally 5 later.

Slight.

Thundery showers.

Good, occasionally poor.

Berwick upon Tweed to Whitby

24 hour forecast:

Variable 3 or less, becoming southeast 4 or 5 for a time later.

Slight, occasionally moderate later.

Showers, thundery later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Variable 3 or less becoming south or southwest 3 to 5.

Slight, occasionally moderate at first.

Showers, perhaps thundery for a time.

Good, occasionally moderate.

Whitby to Gibraltar Point

24 hour forecast:

South 2 to 4 backing southeast 3 to 5, then veering south again later.

Slight, occasionally moderate later.

Showers, thundery later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South or southwest 3 to 5, occasionally 2 later.

Slight, occasionally moderate at first.

Showers, perhaps thundery for a time.  
Good, occasionally moderate.

#### Gibraltar Point to North Foreland

24 hour forecast:

Southerly or southeasterly 3 or 4, occasionally 5 in north, becoming variable 2 at times in south.

Smooth or slight.

Showers, mainly in north.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southerly or southeasterly 2 to 4 veering southwesterly 4 to 6.

Smooth or slight becoming slight or moderate.

Showers, perhaps thundery for a time in north.

Good, occasionally moderate.

#### North Foreland to Selsey Bill

24 hour forecast:

Easterly 3 or 4 becoming variable 1 or 2, then westerly or southwesterly 3 to 5 later.

Smooth or slight, becoming slight later.

Showers later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Westerly or southwesterly 3 to 5, increasing 6 or 7 for a time.

Slight becoming moderate.

Showers for a time.

Good, occasionally moderate.

#### Selsey Bill to Lyme Regis

24 hour forecast:

East 2 to 4 veering west or southwest 3 to 5.

Slight.

Mainly fair.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 4 to 6.

Slight becoming moderate.

Fair then showers.

Good, occasionally moderate.

#### Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Variable 2 to 4 becoming southwesterly 3 to 5, occasionally 6 later in west.

Slight or moderate, occasionally rough later near the Isles of Scilly.

Showers.

Moderate or good.

Outlook for the following 24 hours:

West or southwest 4 to 6.

Rough at first near the Isles of Scilly, otherwise slight or moderate.

Rain for a time at first, then showers.

Good, occasionally poor at first.

#### Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southerly or southeasterly 2 to 4 veering westerly or southwesterly 3 to 5, occasionally 6 later in west.

Slight or moderate.

Showers, perhaps thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

West or southwest 4 to 6, occasionally 3 at first.

Slight at first in east, otherwise moderate.

Rain for a time at first, then showers, perhaps thundery.

Good, occasionally poor at first.

St Davids Head to Great Orme Head, including St Georges Channel

24 hour forecast:

South or southeast veering southwest, 2 to 4, then backing south 4 or 5 later.

Smooth or slight in far north, otherwise slight or moderate.

Showers, perhaps thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

South veering southwest, 4 to 6.

Slight or moderate, becoming moderate.

Rain for a time at first, then showers, thundery at times.

Good, occasionally poor at first.

Great Orme Head to the Mull of Galloway

24 hour forecast:

South or southeast 2 to 4, occasionally 5 at first, then veering west or southwest for a time.

Smooth or slight.

Showers, perhaps thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

South or southeast 3 to 5 veering southwest 4 to 6.

Smooth or slight becoming slight or moderate.

Rain for a time at first, then showers, thundery at times.

Good, occasionally poor at first.

Isle of Man

24 hour forecast:

South or southeast 2 to 4, occasionally 5 later.

Smooth or slight, becoming slight.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

South or southeast 3 to 5 veering southwest 4 to 6.

Slight becoming moderate.

Rain for a time at first, then showers.

Good, occasionally poor at first.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southeast veering south 3 to 5, occasionally 6 later.

Slight, occasionally smooth at first, becoming moderate at times later in east.

Showers, thundery at times.

Good, occasionally poor.

Outlook for the following 24 hours:

Southerly or southwesterly 3 to 5, occasionally variable 2 in north.

Smooth or slight in far north, but elsewhere slight or moderate.

Showers, thundery at times.

Good, occasionally poor.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Easterly or southeasterly 2 to 4 veering southerly 3 to 5, occasionally 6 later.

Smooth or slight becoming slight, then occasionally moderate later except in Firth of Clyde.

Showers, thundery at times.

Good, occasionally poor.

Outlook for the following 24 hours:

Southerly 3 to 5, becoming cyclonic 2 to 4 for a time.

Smooth or slight in Firth of Clyde, but elsewhere slight or moderate.

Showers, thundery at times.

Good, occasionally poor.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

South or southeast 3 to 5, becoming variable 2 at times in shelter.

Slight, occasionally smooth in shelter.

Showers, thundery at times.

Good, occasionally poor.

Outlook for the following 24 hours:

Southeast veering south or southwest, 3 or 4, becoming variable 2 at times.

Smooth or slight.

Showers, thundery at times.

Good, occasionally poor.

The Minch

24 hour forecast:

East or southeast 3 or 4, becoming variable 2 at times.

Smooth or slight.

Showers, becoming thundery.

Good, occasionally poor.

Outlook for the following 24 hours:

East or southeast 2 to 4 becoming variable 3 or less.

Smooth or slight.

Thundery showers.

Good, occasionally poor.

Ardnamurchan Point to Cape Wrath

24 hour forecast:

Easterly or southeasterly 3 to 5, becoming variable 2 at times except in far north.

Slight or moderate.

Showers, perhaps thundery.

Good, occasionally poor.

Outlook for the following 24 hours:

Easterly or southeasterly 2 to 4, occasionally 5 at first in north, becoming variable 3 or less.

Slight, occasionally moderate.

Showers, perhaps thundery.

Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 04 Aug 2019 at 0000 UTC until Sunday 04 Aug 2019 at 1200 UTC

Shetland Isles

General Situation

Weak ridge of high pressure will lie to the west of Shetland, maintaining a slack NE'ly flow.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Nil at time

of issue

North or northeast 3 or 4  
Slight  
Fair  
Good

Outlook for 12 Hours from 1200 UTC on Sunday 04 Aug until 0000 UTC on Monday 05 Aug:

East or northeast 3 or 4  
Slight  
Fair  
Good

Channel Islands

24 hour forecast:

Cyclonic 2 to 4, locally 5 jersey eastwards, becoming westerly around dawn, locally variable 2 in the south of the area after midday.

Smooth or slight.

Isolated showers, mist patches, mostly clearing by afternoon.

Good, locally moderate or poor.

Outlook for the following 24 hours:

Southwesterly 3 to 5, locally 6 mid-channel, veering westerly 4 from midday.

Slight, becoming slight or moderate by dawn, occasionally rather rough mid-channel, with a low swell.

Mist patches, occasional drizzle spreading eastwards from morning and clearing later.

Good, locally moderate or poor, mainly in the morning.

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