

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 06:00 on Sunday 08 Aug 2021 until 23:59 on Monday 09 Aug 2021

Forecast Issued on Sunday 08 Aug 2021 at 04:15 by Met Office Aberdeen

**Confidence:** High for rather cloudy, showery conditions on Sunday and Monday. Then high confidence of a drier, brighter day on Tuesday before rain returns during Wednesday.

**Headline for Sunday 08 Aug 2021:** Sunny spells and showers, heavy at times. Light winds.

### Mountain weather hazards on Sunday 08 Aug 2021

**Blizzards**

No Likelihood

**Heavy Snow**

No Likelihood

**Storm force winds**

No Likelihood

**Gales**

No Likelihood

**Severe chill effect**

No Likelihood

**Poor visibility**

Low Likelihood

**Thunderstorms**

Low Likelihood

**Heavy persistent rain**

No Likelihood

**Strong sunlight**

Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Sunny intervals	Sunny intervals	Heavy rain showers	Heavy rain showers	Sunny intervals	Light rain showers (night)
Precipitation probability					
10%	20%	30%	30%	20%	20%

### Forecast for Sunday 08 Aug 2021

**Weather:** A bright day with sunny spells. Scattered showers will break out later in the morning with a few heavy and possibly thundery in the afternoon. Showers then fading away during the evening, but low cloud and rain spreading into the far north, reaching as far south as Assynt by dusk.

**Chance of cloud free mountain/hill tops above 800m:** 60%

**Visibility:** Mostly good with occasional cloud cover about 700 to 800m. Temporary reductions to poor visibility and more extensive cloud cover in association with showers.

## Forecast for Sunday 08 Aug 2021

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	13/18 E	14/19 E	7/12 NE	10/15 NE	11/15 N	12/15 N	13/16 N
<b>900</b>	16/21 E	15/20 E	7/12 NE	10/15 NE	11/15 N	11/14 N	12/16 N
<b>600</b>	11/17 E	12/17 E	7/11 NE	9/14 NE	10/14 N	8/12 N	9/12 N
<b>300</b>	7/14 E	10/15 E	6/11 E	6/14 N	7/14 N	6/13 N	5/13 NW
<b>Glen</b>	12/18 E	10/16 E	6/11 NE	8/14 N	10/16 N	6/12 N	4/9 NW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	8/4	8/4	10/9	10/8	9/7	8/5	7/4
<b>900</b>	8/5	9/6	11/10	11/9	10/8	8/6	8/5
<b>600</b>	11/8	12/10	14/13	13/12	12/11	10/9	10/8
<b>300</b>	12/11	15/13	17/16	17/16	15/14	13/12	11/10
<b>Glen</b>	15/13	17/16	19/18	19/18	18/16	15/14	14/13
<b>Freezing Level*</b>	2200m	2200m	2200m	2300m	2200m	2200m	2200m

\*Level above which ground is expected to be frozen/snow is expected to settle.

## Met Office Aberdeen Meteorologist's View

High UV levels will produce a sunburn risk.

## Forecast for Monday 09 Aug 2021

**Weather:** Another bright day with sunny spells. Showers will again develop later in the morning with some heavy, possibly thundery in the afternoon.

**Maximum wind:** Freshening northerly winds during the day, average speeds on the tops of 10mph at first, increasing 20mph by the afternoon.

**Chance of cloud free mountain/hill tops above 800m:** 60%.

**Visibility:** Good for much of the time. There will be brief interruptions to poor visibility in the afternoon as heavier showers pass by with clouds more extensive about 700 to 800m.

**Temperature:** **Glens:** 12 Celsius rising to 20 Celsius.  
**At 800m:** 10 Celsius rising to 12 Celsius.  
**Freezing level:** Well above summits.