

Issued by the Met Office at 0500 UTC on Sunday 05 July 2009

Ser. No. 3

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

An Atlantic low will move slowly eastwards to be centred over Scotland by Monday. Strong winds are expected around coasts of southwestern United Kingdom.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

South backing east or northeast 3 or 4.

Slight occasionally moderate later.

Showers later, fog patches.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

East or northeast 3 or 4, backing north 4 or 5, occasionally 6 later.

Slight or moderate.

Showers, fog patches for a time.

Moderate or good, occasionally very poor.

Rattray Head to Berwick on Tweed

24 hour forecast:

South becoming cyclonic 3 or 4.

Smooth or slight.

Showers, fog patches later.

Moderate or good, occasionally very poor later.

Outlook for the following 24 hours:

Cyclonic becoming north 3 or 4, occasionally 5 later.

Slight occasionally moderate later.

Showers, occasionally thundery, fog patches at first.

Moderate or good, occasionally very poor.

Berwick on Tweed to Whitby

24 hour forecast:

Variable 3 or 4.

Smooth or slight.

Showers.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

Variable becoming west or northwest 3 or 4.

Smooth or slight.

Showers, occasionally thundery.

Moderate or good, occasionally poor at first.

Whitby to Gibraltar Point

24 hour forecast:

South or southwest 3 or 4, backing southeast for a time.

Smooth or slight.

Showers.

Good occasionally moderate in north.

Outlook for the following 24 hours:

South or southwest 3 or 4, veering west or northwest later.

Smooth or slight.

Showers, occasionally thundery.

Good.

Gibraltar Point to North Foreland

24 hour forecast:  
Southwesterly 3 or 4, increasing 5 for a time.  
Smooth or slight.  
Showers later.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5, occasionally 3 at first in north, increasing 6 for a time in south.  
Smooth or slight, occasionally moderate later in south.  
Showers, occasionally thundery.  
Good.

North Foreland to Selsey Bill  
24 hour forecast:  
Westerly backing southwesterly 3 or 4, increasing 5 for a time.  
Slight occasionally moderate later.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwesterly 3 or 4, increasing 5 to 7.  
Moderate or rough, occasionally slight at first.  
Showers.  
Good.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
Southwest 3 or 4, increasing 5 or 6.  
Slight becoming moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
West or southwest 5 or 6, increasing 7 at times.  
Moderate or rough.  
Showers.  
Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwest 4 or 5, increasing 6 later.  
Moderate or rough, but slight for a time in east.  
Showers.  
Good.

Outlook for the following 24 hours:  
West or southwest 5 to 7.  
Moderate or rough.  
Showers.  
Good.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
Southwest 4 or 5, increasing 6 at times.  
Moderate becoming rough.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwest 5 or 6, occasionally 4 at first, veering west or northwest 5 to 7.  
Rough occasionally moderate later.  
Showers.  
Good.

St Davids Head to Great Ormes Head, including St Georges Channel - (SWW)

24 hour forecast:

South veering southwest 3 or 4, increasing 5 or 6 for a time.

Slight or moderate, occasionally rough later in south.

Showers, rain for a time.

Good becoming moderate for a time.

Outlook for the following 24 hours:

Southwest 3 or 4, veering west or northwest 4 or 5, occasionally 6 later.

Slight or moderate, occasionally rough in south.

Showers.

Good.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

South backing southeast 3 or 4, increasing 5 for a time in north.

Smooth or slight, becoming moderate for a time in north.

Showers, rain later.

Moderate or good.

Outlook for the following 24 hours:

Southeast 3 or 4, veering west or northwest 4 or 5, occasionally 6 later.

Slight or moderate, occasionally smooth.

Rain or showers occasionally thundery.

Moderate or good.

Isle of Man

24 hour forecast:

South or southeast 4, occasionally 5, decreasing 3 or 4 later.

Slight or moderate.

Showers.

Good occasionally moderate.

Outlook for the following 24 hours:

South or southeast veering southwest 3 or 4, veering northwest 5 or 6 later.

Slight becoming moderate later.

Showers.

Good occasionally moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

South or southeast 3 or 4, increasing 5 for a time, becoming cyclonic later.

Slight or moderate.

Showers, occasionally thundery, rain later.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

Cyclonic 3 or 4, becoming northwest 4 or 5, occasionally 6 later.

Slight or moderate.

Rain or showers, occasionally thundery.

Moderate or good, occasionally poor.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

South or southeast 3 or 4, increasing 5 for a time, backing east later.

Slight or moderate.

Showers, occasionally thundery, rain later.

Moderate or good.

Outlook for the following 24 hours:

East 3 or 4, backing northwest 4 or 5, occasionally 6 later.

Slight or moderate.

Rain or showers, occasionally thundery.  
Moderate or good, becoming poor for a time.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southeast backing east 3 or 4, increasing 5 for a time.

Slight or moderate.

Showers, occasionally thundery, rain later.

Moderate or good.

Outlook for the following 24 hours:

East 3 or 4, backing northwest 4 or 5, increasing 6 for a time.

Slight or moderate.

Rain for a time, showers, occasionally thundery.

Moderate or good.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Southeasterly 3 or 4, occasionally 5 in south, backing northeasterly later.

Slight or moderate, occasionally smooth in minch.

Showers, fog patches later in north.

Moderate or good, occasionally very poor later in north.

Outlook for the following 24 hours:

Northeasterly backing northerly or northwesterly 3 or 4, increasing 5 at times.

Slight or moderate.

Fog patches for a time in north, showers.

Moderate or good, occasionally very poor in north.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 05 Jul 2009 at 0600 UTC until Sunday 05 Jul 2009 at 1800 UTC

Shetland Isles

General Situation

Area of high pressure slow moving to the east of Greenland, with a ridge extending south over the

Norwegian Sea. Area of low pressure will move slowly east across the British Isle, with associated

weak cold front becoming slowly moving over the Northern Isles.

Gale Warnings in operation for Sea Area Fair Isle: Nil

Variable 3 or less, but easterly or northeasterly 4 in north.

Moderate, locally slight in southwest.

Fog patches, mainly over south.

Moderate or good, but very poor in fog.

Outlook for 12 Hours from 1800 UTC on Sunday 05 Jul until 0600 UTC on Monday 06 Jul:

Northeasterly 3 or 4, but variable 3 or less in south at first, and occasionally 5 in north later.

Moderate, locally slight in southwest.

Occasional drizzle, fog patches, mainly over south.

Moderate or good, occasionally poor, but very poor in fog.

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