

From the Met Office. Issued at 0530 GMT on Sunday 01 Jul 2007.

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 18 hours.

General Situation: Depression to west of Ireland will push active frontal bands across the United Kingdom.

From Cape Wrath to Duncansby Head including Orkney.  
Wind: east or southeast 4 or 5, occasionally 6 in north.  
occasional rain, isolated fog patches.  
Visibility: moderate or good, occasionally very poor.

Shetland.  
Wind: easterly 3 or 4, increasing 5 to 7.  
occasional rain.  
Visibility: moderate or good.

From Duncansby Head to Whitby.  
Wind: south or southeast 4 or 5.  
occasional rain, isolated fog patches.  
Visibility: moderate or good, occasionally very poor.

From Whitby to North Foreland.  
Wind: south or southeast 4 or 5, veering southwest 6 occasionally 7 near North Foreland.  
occasional rain with fog patches, showers later.  
Visibility: moderate or good, occasionally very poor.

From North Foreland to St. Catherine's Point.  
Wind: southwest 5 to 7.  
rain then showers.  
Visibility: moderate or good.

From St. Catherine's Point to Lands End.  
Wind: southwesterly 5 to 7, occasionally gale 8.  
rain then showers.  
Visibility: moderate or good.

From Lands End to Colwyn Bay.  
Wind: southwesterly 4 or 5, increasing 6 or 7 near Lands End.  
rain then showers.  
Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.  
Wind: south or southeast veering southwest 4 or 5.  
rain then showers.  
Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.  
Wind: easterly for or 5, backing northeasterly 3 or 4.  
rain or showers.  
Visibility: moderate or good.