

Issued by the Met Office at 0500 UTC on Thursday 03 July 2008

Ser. No. 78

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Remaining unsettled with showers. Showers will be heavy and thundery at times, especially over southern England and Wales with occasional strong winds.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southeast backing east 3 or 4, becoming variable later.

Mainly fair with fog patches at times.

Moderate or good, occasionally very poor.

Slight or moderate.

Outlook for the following 24 hours:

Variable 3 or 4 becoming southeast 4 or 5.

Fog patches.

Moderate or good, occasionally very poor.

Slight or moderate.

Rattray Head to Berwick on Tweed

24 hour forecast:

Variable 3 or less, increasing 4 at times later.

Showers with fog patches at times.

Moderate or good, occasionally very poor.

Slight in south, moderate in north.

Outlook for the following 24 hours:

Variable becoming southeast 3 or 4.

Showers with fog patches.

Moderate or good, occasionally very poor.

Mainly slight.

Berwick on Tweed to Whitby

24 hour forecast:

Southeast veering southwest 2 or 3, increasing 4 or 5.

Showers.

Good, occasionally moderate or poor.

Slight.

Outlook for the following 24 hours:

Southwest backing southeast 3 or 4, occasionally 5.

Showers.

Good.

Slight.

Whitby to Gibraltar Point

24 hour forecast:

Southeast veering southwest 2 or 3, increasing 4 or 5.

Showers.

Good, occasionally moderate or poor.

Smooth or slight.

Outlook for the following 24 hours:

Southwest backing southeast 3 or 4, occasionally 5.

Showers.

Good.

Slight.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly 4 or 5, increasing 6 at times in south, and becoming variable 3 in north for a time.

Showers.

Moderate or good, occasionally poor.

Smooth becoming slight or moderate.

Outlook for the following 24 hours:

Southwest backing southeast 4 or 5.

Showers.

Good.

Slight or moderate.

North Foreland to Selsey Bill

24 hour forecast:

Southwest 3 or 4, increasing 5 or 6 for a time.

Showers.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Southwest 3 or 4 backing southeast 4 or 5.

Showers, rain later.

Mainly good.

Slight or moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwesterly 3 or 4, increasing 5 or 6 for a time.

Showers.

Good.

Moderate.

Outlook for the following 24 hours:

Southwest 3 backing southeast 4 or 5, occasionally 6 later.

Showers, rain later.

Good becoming moderate.

Moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

West or southwest 4 or 5, occasionally 6 around exposed headlands, later backing southeast 3 or 4.

Thundery showers.

Good.

Moderate, occasionally rough in west.

Outlook for the following 24 hours:

Southeast 3 or 4 increasing 5 to 7, perhaps gale 8 later.

Showers then rain.

Good becoming moderate occasionally poor.

Slight or moderate, becoming moderate or rough.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

West or southwest 4 or 5, occasionally 6 around exposed headlands, later backing southeast 3 or 4.

Thundery showers.

Good.

Moderate, but rough in west at first.

Outlook for the following 24 hours:

Southeast 3 or 4 increasing 5 to 7, perhaps gale 8 later.

Showers then rain.  
Good becoming moderate.  
Moderate, occasionally rough in far west.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
East veering southwest 3 or 4, increasing 5 or 6 for a time.  
Thundery showers.  
Good.  
Slight or moderate, occasionally rough in south.

Outlook for the following 24 hours:  
Southwest 3 or 4 backing east or southeast 5 to 7.  
Showers then rain.  
Good becoming moderate.  
Slight or moderate.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
East or southeast veering southwest 3 or 4, increasing 5 or 6 for a time.  
Showers.  
Good.  
Slight.

Outlook for the following 24 hours:  
Southwest backing east 3 or 4, increasing 5 later.  
Showers, rain later.  
Good becoming moderate.  
Slight.

Isle of Man  
24 hour forecast:  
East veering southwest 3 or 4, increasing 5 or 6 for a time.  
Showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest 3 or 4 backing east 4 or 5 later.  
Showers rain later.  
Moderate or good, occasionally poor later.  
Slight or moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Variable 2 or 3, becoming southwest 4 or 5 later.  
Showers, rain later.  
Good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest backing east 4 or 5, decreasing 3 for a time.  
Rain or showers.  
Moderate or good.  
Mainly slight.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel  
24 hour forecast:  
Variable 2 or 3, becoming southwest 4 or 5 later.  
Showers, rain later.  
Good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest backing east 4 or 5, decreasing 3 for a time.  
Rain or showers.  
Moderate or good.  
Mainly slight.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Variable 2 or 3, becoming southwest 4 or 5 later.  
Showers, occasional rain later.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southwest backing east 4 or 5, decreasing 3 for a time.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Variable 2 or 3 becoming northeast 4.  
Showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Northeast 3 or 4, becoming variable for a time.  
Showers.  
Moderate or good.  
Slight or moderate.

Shetland Isles  
24 hour forecast:  
Southeast 3 or 4, occasionally 5, backing east for a time.  
Rain or drizzle with fog patches at times.  
Moderate or poor, occasionally very poor.  
Moderate.

Outlook for the following 24 hours:  
Southeast 4 or 5 decreasing 3.  
Rain or drizzle then showers.  
Moderate occasionally poor, becoming good.  
Mainly moderate.

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