

Issued by the Met Office at 0500 UTC on Monday 02 March 2020

Ser. No. 1

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Monday 02 March to 0600 UTC Tuesday 03 March 2020

#### General Situation

Two filling lows centred near the Shetland Isles and the Outer Hebrides will continue to give a rather strong and unstable westerly flow across the British Isles. The flow slackening during Tuesday as the lows continue to fill and move away.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southwest backing south, then becoming cyclonic later, 4 to 6.

Moderate or rough, but very rough in far northwest.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Cyclonic 4 to 6, becoming west 4 or 5.

Very rough at first in far northwest, otherwise moderate or rough.

Rain at first, then showers.

Good, occasionally moderate at first.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

South or southwest 4 to 6.

Moderate, occasionally rough in north.

Rain or showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South 5 or 6, veering west 4 or 5.

Moderate, occasionally rough at first in north.

Rain or showers at first.

Good, occasionally moderate at first.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 4 or 5, backing south 5 or 6 later.

Moderate, occasionally slight at first.

Rain or showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South veering northwest 5 or 6, then backing west 4 or 5 later.

Moderate.

Showers at first.

Good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southwest 3 or 4, veering west 4 or 5, then backing southwest 5 or 6 later.

Slight or moderate.

Fair at first, then showers.

Good.

Outlook for the following 24 hours:

Southwest veering west 5 or 6, then decreasing 4 later.

Moderate, occasionally slight in south.

Showers at first.

Good.

Gibraltar Point to North Foreland

24 hour forecast:

Cyclonic becoming northwesterly, then backing southwesterly later, 4 or 5.

Slight, occasionally moderate.

Rain or showers at first.

Good, occasionally poor at first.

Outlook for the following 24 hours:

Southwesterly veering westerly 4 or 5, occasionally 3 later.

Slight, occasionally moderate.

Showers for a time.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly veering westerly 4 to 6.

Moderate, occasionally slight in east.

Rain at first, then showers.

Good, occasionally poor at first.

Outlook for the following 24 hours:

Westerly or southwesterly 4 to 6, becoming variable 2 or 3 later.

Moderate, becoming slight later.

Showers, fair later.

Good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest 4 or 5, veering west or northwest 5 or 6.

Moderate.

Rain at first, then showers.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

West or northwest 4 or 5, occasionally 6 at first, becoming variable 2 or 3 later.

Moderate, becoming slight later.

Showers at first.

Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

West or northwest 5 to 7.

Slight or moderate in lyme bay, otherwise moderate or rough, occasionally very rough near Isles of Scilly.

Showers.

Good.

Outlook for the following 24 hours:

West or northwest 5 or 6, decreasing 3 or 4, then backing south or southwest 4 or 5 later.

Slight or moderate in east, moderate or rough in west.

Showers at first, rain later in west.

Good, occasionally moderate later in west.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West or northwest 5 to 7.

Moderate or rough, occasionally very rough later in west.

Showers.

Good.

Outlook for the following 24 hours:

West or northwest 5 or 6, decreasing 3 or 4, then backing south 4 or 5 later.  
Moderate or rough, becoming slight later in east.  
Showers at first, rain later in west.  
Good, occasionally moderate later in west.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Northwest 4 or 5, backing west 5 or 6, occasionally 7 later.

Moderate, becoming rough in southwest.

Showers.

Good.

Outlook for the following 24 hours:

West or northwest 6 or 7, decreasing 4 or 5, then backing south 3 or 4 later.

Moderate or rough, becoming slight later.

Showers.

Good.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West 4 or 5, backing southwest 5 or 6, occasionally 7 later.

Moderate.

Showers.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southwest veering northwest 5 or 6, occasionally 7 at first, backing west 3 or 4 later.

Moderate, becoming smooth or slight later.

Showers, fair later.

Good, occasionally moderate at first.

Isle of Man - (SWW)

24 hour forecast:

West 4 or 5, backing southwest 5 or 6, occasionally 7 later.

Moderate.

Fair at first, then showers.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southwest veering northwest 5 or 6, occasionally 7 at first, backing southwest 3 or 4 later.

Moderate, becoming slight later.

Showers, fair later.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southwest 4 to 6, veering west 5 to 7.

Slight or moderate, but moderate or rough in far north.

Showers, rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

West veering northwest 5 or 6, occasionally 7 at first, backing southwest 3 or 4 later.

Rough at first in far north, otherwise slight or moderate.

Showers, fair later.

Good, occasionally moderate at first.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southwest 5 or 6, veering west 5 to 7.

Moderate, occasionally rough near Mull of Kintyre.  
Showers, rain later.  
Good, occasionally moderate later.

Outlook for the following 24 hours:  
West veering northwest 5 or 6, occasionally 7 at first, backing southwest 3 or 4 later.  
Rough at first near Mull of Kintyre, otherwise slight or moderate.  
Showers, fair later.  
Good, occasionally moderate at first.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Southwest 6 to gale 8, veering northwest 5 to 7 later.  
Rough or very rough.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Northwest 5 or 6, occasionally 7 at first, backing southwest 4 later.  
Moderate or rough.  
Rain at first, then showers.  
Good, occasionally moderate at first.

The Minch - (SWW)  
24 hour forecast:  
Southwesterly becoming cyclonic 5 to 7, occasionally gale 8 at first in south, becoming northwesterly 4 to 6 later.  
Moderate or rough.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Northwesterly 4 to 6, backing westerly 5 to 7, then backing southwesterly 4 or 5 later.  
Moderate or rough, occasionally slight later.  
Showers.  
Good, occasionally moderate at first.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Southwesterly becoming cyclonic 5 to 7, occasionally gale 8 at first in south, becoming northwesterly 4 to 6 later.  
Very rough, occasionally high at first.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Northwesterly 4 to 6, backing westerly 5 to 7, then backing southwesterly 4 or 5 later.  
Rough or very rough.  
Showers.  
Good, occasionally moderate at first.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Monday 02 Mar 2020 at 0600 UTC until Monday 02 Mar 2020 at 1800 UTC

Shetland Isles

General Situation  
Deep low lying across Shetland Waters will drift away to the northwest on Monday night

Gale Warnings in operation for Sea Area Fair Isle at time of issue:  
Northeasterly severe gale force 9 decreasing gale force 8 imminent. Issued  
21:49 UTC on Sun 1 Mar 2020

Cyclonic 4 to 6, but northeasterly 7 or gale 8 in northwest at first, becoming  
southerly 4 or 5 later  
Rough or very rough but high in northwest  
Rain then showers  
Moderate or good, occasionally poor at first

Outlook for 12 Hours from 1800 UTC on Monday 02 Mar until 0600 UTC on Tuesday 03  
Mar:  
South 4 or 5 backing southeast 5 or 6 occasionally 7 later  
Rough or very rough  
Showers  
Mainly good

Channel Islands - (SWW)  
24 hour forecast:  
Westerly 4 to 6 locally 7, veering northwesterly 5 to 7 by mid-morning, perhaps  
locally gale 8 at times, backing westerly 4 to 6 overnight.  
Rather rough to rough, occasionally moderate in the south and east with a low  
swell.  
Occasional showers, locally heavy with hail and a risk of thunder.  
Good, occasionally moderate, locally poor.

Outlook for the following 24 hours:  
Westerly 4 to 6, veering northwesterly in the morning, decreasing 3 to 4 in the  
afternoon, backing west to southwest by midnight, then southwest to south later.  
Rather rough to rough, becoming moderate with a low to moderate swell by  
evening, then slight with a low swell overnight.  
Occasional showers, perhaps heavy with hail.  
Good, occasionally moderate, locally poor.

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