

Issued by the Met Office at 0500 UTC on Sunday 03 April 2016

Ser. No. 45

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Sunday 03 April to 0600 UTC Monday 04 April 2016

#### General Situation

A complex area of low pressure will bring unsettled conditions to all areas during the next couple of days.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

East or southeast 5 or 6, decreasing 4 at times.

Slight, occasionally moderate in east, moderate, occasionally rough at first, in north.

Occasional rain until later, fog patches.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

East or southeast, becoming cyclonic later, 5 or 6.

Slight or moderate.

Fair then occasional rain.

Moderate or good, occasionally poor.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

South or southeast backing east at times, 3 or 4, increasing 5 at times.

Slight, occasionally moderate.

Occasional rain early and late, fog patches.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Southeast 4 or 5, backing east 5 or 6, then veering southwest 4 or 5 later.

Slight or moderate.

Occasional rain then showers.

Moderate or good, occasionally poor at first.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Cyclonic becoming southeast 4 or 5, occasionally 6 later.

Slight occasionally moderate.

Occasional rain, fair for a time.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southeast veering south, then southwest later, 4 or 5, occasionally 6 at first.

Slight or moderate.

Showers.

Mainly good.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

South 4 or 5, backing southeast 5 or 6 for a time.

Slight occasionally moderate later.

Showers later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

South veering southwest later, 4 or 5.

Slight occasionally moderate.

Showers.

Mainly good.

Gibraltar Point to North Foreland

24 hour forecast:

Southerly backing easterly for a time, 4 or 5, decreasing 3 at times.

Smooth or slight, occasionally moderate later in north.

Showers for a time.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Southerly veering westerly later, 4 or 5.

Mainly slight.

Showers then fair.

Mainly good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southerly or southeasterly 4 or 5, occasionally 6 later.

Slight or moderate.

Showers for a time, perhaps thundery.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southerly veering southwesterly 5 or 6, decreasing 3 or 4, then veering northwesterly later.

Slight or moderate.

Showers, then mainly fair.

Moderate or good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

South or southeast 4 or 5, increasing 6 later.

Slight or moderate, becoming moderate or rough later in west.

Showers, perhaps thundery.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South veering southwest 5 to 7, decreasing 3 or 4, then veering northwest later.

Moderate or rough, becoming slight or moderate.

Showers, fair later.

Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

South or southeast becoming cyclonic later, 5 or 6.

Slight or moderate, occasionally rough in far west, becoming moderate or rough later.

Occasional rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Cyclonic 5 or 6 becoming northwest 4 or 5.

Moderate or rough, becoming slight or moderate.

Showers, fair later.

Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

South or southeast, backing east later, 4 or 5, increasing 6 at times.

Slight in Bristol Channel and rough in southwest, otherwise moderate.

Occasional rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southeast becoming cyclonic 4 or 5, then northwest 3 or 4.

Slight in Bristol Channel and rough at first in far southwest, otherwise

moderate.  
Showers, fair later.  
Mainly good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:  
South or southeast 5 or 6, becoming variable 3 or 4 later.  
Slight or moderate.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Variable, becoming mainly west, 3 or 4.  
Slight or moderate.  
Showers, fair later.  
Mainly good.

Great Orme Head to the Mull of Galloway

24 hour forecast:  
Southeast becoming cyclonic later, 3 or 4, increasing 5 at times.  
Slight, occasionally moderate in northwest.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic, becoming mainly west, 4 or 5.  
Smooth or slight, becoming slight or moderate later.  
Showers.  
Mainly good.

Isle of Man

24 hour forecast:  
Southeast 4 or 5, decreasing 3 or 4, veering south or southwest later.  
Slight, occasionally moderate at first.  
Rain at times.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West or southwest 3 or 4, increasing 4 or 5 later.  
Smooth or slight becoming slight or moderate.  
Occasional rain then fair.  
Good, occasionally moderate or poor at first.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:  
Southeast 3 or 4, increasing 5 or 6 for a time, then becoming cyclonic 4 or 5 later.  
Slight or moderate, occasionally rough in far north, becoming smooth or slight later in east.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic 4 or 5, becoming west or northwest 5 or 6.  
Smooth or slight until later in east, otherwise slight or moderate.  
Rain then showers.  
Moderate or poor, becoming mainly good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:  
Southeasterly 3 or 4, increasing 5 or 6 for a time, becoming cyclonic 4 or 5 later.  
Slight or moderate, becoming smooth or slight later.

Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic 4 or 5, becoming westerly or northwesterly 5 or 6.  
Smooth or slight, becoming slight or moderate later.  
Rain then showers.  
Moderate or good, occasionally poor at first.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Southeast 5 or 6, becoming cyclonic 4 or 5 later.  
Moderate or rough.  
Occasional rain or showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic 4 or 5, becoming northwest 5 or 6.  
Moderate, occasionally rough later.  
Occasional rain.  
Moderate or good, occasionally poor at first.

The Minch - (SWW)  
24 hour forecast:  
East veering southeast 4 or 5, increasing 6 at times.  
Slight in central areas, otherwise moderate.  
Occasional rain, showers later.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southeast becoming cyclonic 4 or 5, increasing 6 at times.  
Moderate in far north and in far south, otherwise smooth or slight.  
Occasional rain.  
Moderate or good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
East veering southeast 4 or 5, increasing 6 at times.  
Moderate or rough.  
Occasional rain, showers later.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southeast becoming cyclonic 4 or 5, increasing 6 at times.  
Moderate, occasionally rough later in south.  
Occasional rain.  
Moderate or good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Sunday 03 Apr 2016 at 0600 UTC until Sunday 03 Apr 2016 at 1800 UTC

#### Shetland Isles

##### General Situation

A ridge of high pressure that covers Shetland at first, will decline as a frontal trough moves from the south on Sunday.

Gale Warnings in operation for Sea Area Fair Isle: Nil

East 4 or 5 becoming cyclonic 5 or 6, then southeast 4 or 5 later.  
Moderate or rough.  
Rain, mist or fog patches.

Moderate or poor, very poor in fog.

Outlook for 12 Hours from 1800 UTC on Sunday 03 Apr until 0600 UTC on Monday 04 Apr:

Southeast becoming cyclonic 4 or 5.

Moderate.

Rain at first, mist or fog patches.

Moderate or poor becoming good, very poor in fog.

Channel Islands - (SWW)

24 hour forecast:

South to southeast 3 to 5, perhaps locally 6, increasing 5 to 6 by midnight with gusts to 40kt, perhaps locally 7 in the north later.

Mainly slight, increasing moderate this evening and overnight, locally rather rough mid- channel.

Scattered showers especially this afternoon and tonight, perhaps heavy with the risk of thunder.

Good, locally moderate to poor in showers.

Outlook for the following 24 hours:

Southerly 5 to 6, perhaps locally 7 in the north at first, decreasing 4 to 5 by midday, becoming westerly or variable 1 to 3 in the afternoon, locally 4, becoming northwest to north 2 to 4 by morning.

Mainly moderate with a low swell, locally rather rough mid channel, becoming slight by evening.

Isolated showers, especially at first risk of thunder.

Good, locally moderate to poor in showers.

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